



On Your Mark, Get Set, PLAY!

Exploring AT for Living and Adapted Recreation

This Session is being Recorded

- You will be able to access the archive of this and other webinars at www.gatfl.gatech.edu



Earn Credits for Your Participation

- **CEUs** are Approved for .15 clock hours and are administered through Georgia Tech Professional Education
- **CRCs** are Approved for 1.5 clock hours by the Commission on Rehabilitation Counselor Certification (CRCC) and are administered by Tools for Life
 - To receive your verification form, send an e-mail with the webinar title and date, your full name, organization, city, state, e-mail address and date of birth to Liz.Persaud@gatfl.gatech.edu



Webinar Evaluation

At the end of today's webinar, we ask that you please take a moment to complete our survey:

<https://www.research.net/s/TFLwebinar>

Come Visit Us!

Join Our Mailing List!



The screenshot shows the Georgia Tech Tools for Life website. The header features the Georgia Tech logo and the Tools for Life logo, with the tagline "Georgia's Assistive Technology Act Program". Below the header is a navigation bar with links: HOME, ASSISTIVE TECHNOLOGY, TFL NETWORK, CALENDAR OF EVENTS, and a search bar. A sidebar on the left contains a list of links: TRAINING, FUNDING, PUBLICATIONS, TFL WIKI, MEET THE TFL TEAM, MEET THE ADVISORY COUNCIL, DIRECTIONS/MAP, JOIN OUR MAILING LIST (highlighted with a red box and a red arrow), and SCHEDULE A TOUR. The main content area features a large image of a person holding a tablet displaying a website, with the text "Understand Your Options to Get the AT You Need". Below this image is a "Welcome to Tools for Life" section with a paragraph about the program's mission. To the right of the main content area are several sections: WEBINARS (with a date of AUG 27 and a link to "On Your Mark, Get Set, Play! Exploring AT for Living and Adapted Recreation"), TOOLS FOR LIFE APPFINDER (with a link to "For Living, Learning, Working, and Playing"), AT ONLINE EXCHANGE (with a link to "gTRADE"), and AT FUNDING GUIDE (with a link to "DOLLARS & SENSE").

Georgia Tech **TOOLS for LIFE**
Georgia's Assistive Technology Act Program

HOME ASSISTIVE TECHNOLOGY TFL NETWORK CALENDAR OF EVENTS Search our Site Go

TRAINING
FUNDING
PUBLICATIONS
TFL WIKI
MEET THE TFL TEAM
MEET THE ADVISORY COUNCIL
DIRECTIONS/MAP
JOIN OUR MAILING LIST
SCHEDULE A TOUR

Welcome AT Services Try AT Get AT AT Guides Research

Understand Your Options to Get the AT You Need

Welcome to Tools for Life
Tools for Life, Georgia's Assistive Technology Act Program, is dedicated to increasing access to and acquisition of assistive technology (AT) devices and services for Georgians of all ages and disabilities so they can live, learn, work and play independently and with greater freedom in communities of their choice.
Tools for Life and the TFL Network work collaboratively together to accomplish our mission through:

WEBINARS
AUG 27 On Your Mark, Get Set, Play! Exploring AT for Living and Adapted Recreation
Current Webinar Schedule
Webinar Archives

TOOLS FOR LIFE APPFINDER
For Living, Learning, Working, and Playing

AT ONLINE EXCHANGE
gTRADE

AT FUNDING GUIDE
DOLLARS & SENSE
NEGOTIATING THE AT FUNDING SCHEME

Agenda

- Welcome and Introductions
- Exploring the Positive Effects of Adapted Recreation & Sports
- Using Assistive Technology
- Danny Housley- Disability Link
- Heather Ferro-Dicks- Center for the Visually Impaired
- Questions

Positive Effects of Recreation and Sports

- Builds Self-Confidence
- Relieves Stress
- Focuses on Teamwork
- Physical exercise
- Improves physical health and well-being



Positive Effects of Recreation and Sports on People with Disabilities

- Builds Self-Confidence
- Relieves Stress
- Focuses on Teamwork
- Physical exercise
- Improves physical health and well-being
- ✓ Build social awareness, self confidence, and self advocacy skills
- ✓ Enhance functional capacity especially among older adults
- ✓ Helps maintain quality of life and independence
- ✓ Counters stigmatization
- ✓ Focuses on abilities and moves disability to the background



Huge Victory!

- January 2013, The Obama Administration is requiring schools to offer students with disabilities the same sport opportunities as other children
- Must include students with disabilities in existing athletic programs or provide with equal alternatives
 - Example: Using a visual cue along side of starter pistol
- No firm timelines when this will be put in place



Disabled Sports USA Survey (2008)

- Those participating in the Disabled Sports USA programs, when compared to other adults with disabilities in the US population
- Findings:
 - Employment (52% vs. 33%)
 - Physically active (64% vs. 30%)
 - Lead a healthy lifestyle (52% vs. 25%)
 - Lead a fulfilling life (72% vs. 46%)
 - Enjoy socializing more (80% vs. 70%)
 - Look forward to the rest of their life (81% vs. 61%)



<http://www.disabledsportsusa.org/about-us/survey/>

Variety of Adaptive Sports


- Quad Rugby
- Basketball
- Golf
- Tennis
- Kickball
- Baseball
- Basketball
- Archery
- Snow Skiing
- Water Skiing
- Racing
- Bowling



- Track
- Scuba
- Cycling
- Fishing
- Lacrosse
- Wrestling
- Bocce ball
- Goal Ball
- Swimming
- Football
- Soccer
- Canoeing

Ebility.com

[Skip to content](#)

e-Bility disABILITY information resources


[Home](#) [Service & products](#) [Access travel](#) [Resources](#)

You are here: [Home](#) > [Resources](#) > [Links index](#) > Recreation and sport

Search:

[Links index](#)

Recreation, fitness, sport and leisure

AdChoices 

[► Recreation](#)
[► Disability](#)
[► All Sports](#)

[Able Management](#)

Provides access to the Alpine region of Victoria through the development of adaptive equipment and facilities, so that people with disability can participate in sport and recreational activities.

[Accessible Yoga Teacher Training](#)

A 400-hour Integral Yoga teacher training certification program specifically designed for training people with disability. This course is available to people who have a disability, chronic illness, or physical limitation and includes Basic Training as well as Yoga for Healing.

[Access to Recreation](#)

Innovative equipment for a wide range of recreational activities, including beach access, travel, golf, gardening, water sports and more.

[Achievable Concepts](#)

Adapted recreation and sporting equipment for people with disabilities and the aged.


[Alternative Cycles wheelchair cycle](#)

The wheelchair cycle is a customised device connecting the person's manual wheelchair to a front-wheel drive recumbent bicycle. The addition of an electric hub motor enables the cycle to be used on steep hills and eliminates rider fatigue.

[Challenged America](#)

Free adaptive sailing programs for people with disabilities, sports and recreational therapists and rehabilitation professionals.

[CrestSite](#)


TrailLink
 by Rails-to-Trails Conservancy

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[Sign up with email](#)
[Log in](#)
[★ Get Unlimited](#)

[Home](#)
[My TrailLink](#)
[Explore](#)
[Engage](#)


Wheelchair Accessible Trails in Georgia

Sort by [Name](#)


[View Results on Map](#)




Arabia Mountain Trail
 Rail-Trail
 ★★★★★
 State: GA
 Length: 12.4 miles
 Surface: Concrete
 The Arabia Mountain Trail winds its way through giant rock outcroppings, past rushing streams plunging in woodland waterfalls and among farmland and fields of wildflowers undulating in the breeze. In addition, Klondike Park and the Davidson-Arabia ...




Athens - North Oconee River Greenway
 ★★★★★
 State: GA
 Length: 3.5 miles
 Surface: Concrete
 The North Oconee River Greenway is a 3.5-mile long, 10-foot wide, paved multi-use path open to all types of non-motorized uses. The trail runs from Sandy Creek Nature Center (connecting with Cook's Greenway Trail), following the North Oconee ...



Atlanta BeltLine (Overview)
 Rail-Trail
 ★★★★★
 State: GA
 Length: 6.8 miles
 Surface: Concrete
 The Atlanta BeltLine will link more than 40 neighborhoods, multiple public parks, and mass transit stations in a planned 33-mile trail network throughout the city. Rather than the straight line of a typical rail-trail, the growing BeltLine will ...



Big Creek Greenway
 ★★★★★
 State: GA
 Length: 13.5 miles
 Surface: Concrete




The Outdoors. You. The App.
As seen on the Today Show
[Download on the App Store](#)

RTC MAGAZINE

Rails to Trails Magazine
 Check out the latest issue of *Rails to Trails*, the quarterly magazine of Rails-to-Trails Conservancy, for exciting trail destinations, features and other news.

[Check out the magazine](#)



NEW TRAIL REVIEWS

Jim Schug Trail
New York

Shining Sea Bikeway
Massachusetts

Chaparral Rail Trail
Texas



8:15 AM
 8/21/2014



Georgia GA Wheelchair Accessible Campgrounds and RV Parks

[United States Campgrounds](#) [Tourist Attraction Search](#) [Restaurant Search](#) [Hotel Search](#) [B&B Search](#) [Campground Search](#)

- Georgia GA
- Georgia GA Tourist Attractions
- Georgia GA Restaurants
- Georgia GA Hotels
- Georgia GA Bed and Breakfast Inns
- Georgia GA Campgrounds
- Georgia GA Campgrounds with a Swimming Pool
- Georgia GA Campgrounds with a Hot Tub
- Georgia GA Campgrounds with Cabins
- Georgia GA Campgrounds with Tent Sites
- Georgia GA Campgrounds with Internet Access
- Georgia GA Wheelchair Accessible Campgrounds
- Georgia GA Wheelchair Accessible Hotels

Georgia GA Wheelchair Accessible Campgrounds and RV Parks

The Georgia GA Wheelchair Accessible RV Parks listed on this page and in the following locations are Campgrounds where the public facilities like showers and restrooms are wheelchair accessible. Below you'll find some great Georgia GA Wheelchair Accessible Campgrounds and RV Parks. You can browse the places to stay by clicking on a destination. Use the left side links to find more parks and resorts, hotels, bed and breakfast inns, tourist attractions, restaurants, and more.

Park Model
Homes \$21,900

[parkmodelsdirect.com](#)

New Park Homes & Park
Models -Buy New At The
Factory For \$21,900



Our [Campground Search](#) offers an easy way to find the best places to park from all around the world. Search by destination, price, setting, maximum stay, amenities, and more.

Fiddler's
Campground

[Add a Campground](#)

Advertisements

amazon.com



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Photo and Document
\$188.99 **\$49.99**

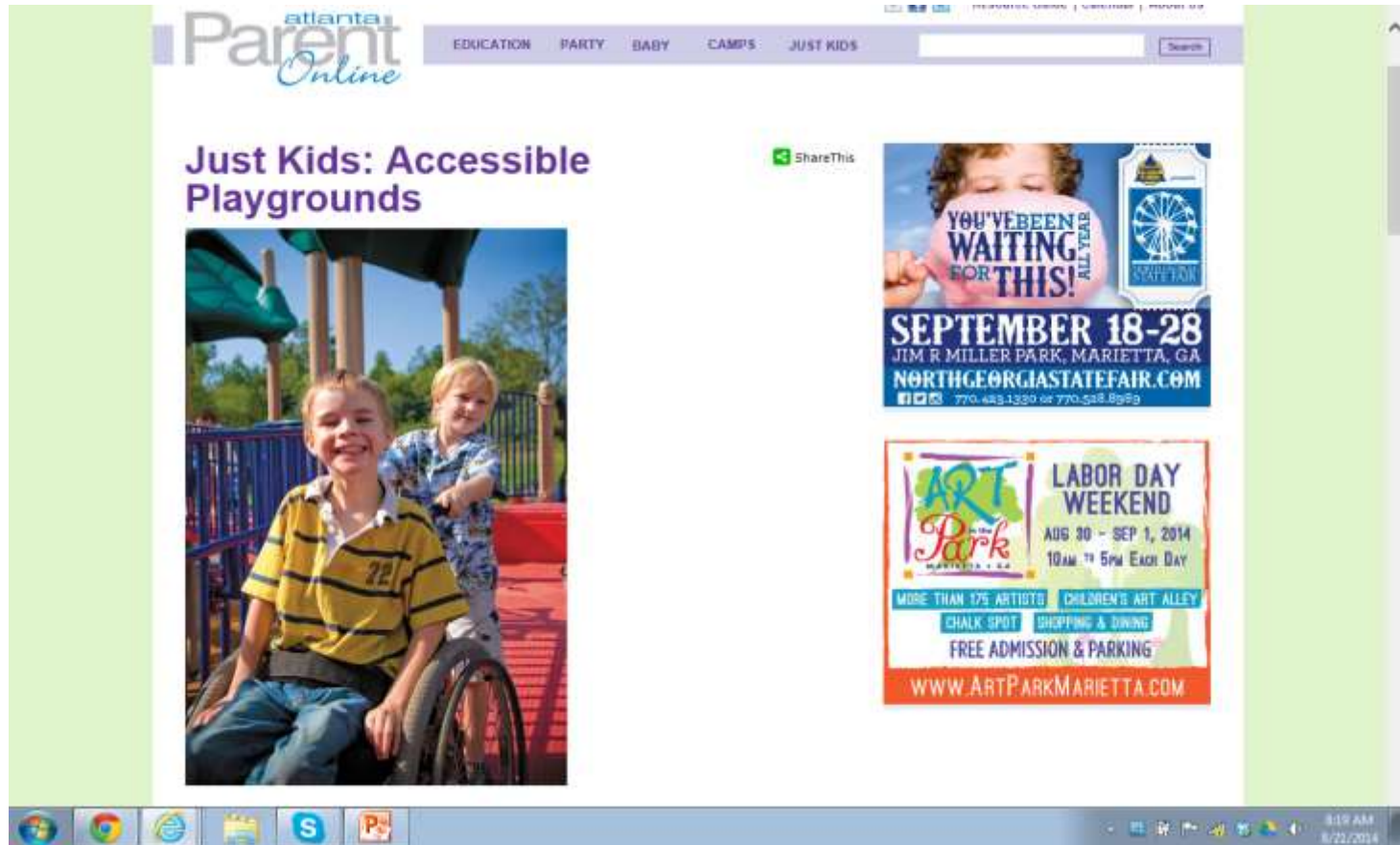


Canon CanoScan
4507F002 LIDE110
\$59.95



Epson B118205201
Mini-Epson Pro 30





The screenshot shows the Atlanta Parent Online website. The header includes the site name and navigation links for Education, Party, Baby, Camps, and Just Kids. A search bar is also present. The main content area features an article titled "Just Kids: Accessible Playgrounds" with a photo of two children, one in a wheelchair, at a playground. To the right of the article are two event advertisements. The first is for the North Georgia State Fair, held from September 18-28 at Jim R Miller Park, Marietta, GA, with contact information 770.425.1330 or 770.548.8989. The second is for Art Park Marietta's Labor Day Weekend event, held from August 30 to September 1, 2014, from 10 AM to 5 PM each day. This event features more than 125 artists, a children's art alley, a chalk spot, shopping and dining, and free admission and parking. The website's URL, www.ArtParkMarietta.com, is listed at the bottom of the advertisement.

atlanta
Parent
Online

EDUCATION PARTY BABY CAMPS JUST KIDS

Just Kids: Accessible Playgrounds

YOU'VE BEEN WAITING FOR THIS! ALL YEAR

SEPTEMBER 18-28
JIM R MILLER PARK, MARIETTA, GA
NORTHGEORGIASTATEFAIR.COM
770.425.1330 or 770.548.8989

ART
in the
Park
MARIETTA, GA

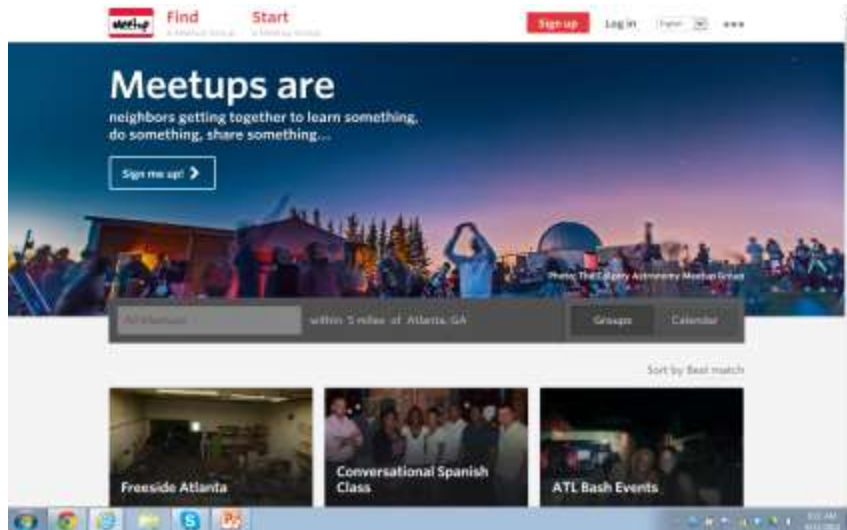
LABOR DAY WEEKEND
AUG 30 - SEP 1, 2014
10AM - 5PM EACH DAY

MORE THAN 125 ARTISTS CHILDREN'S ART ALLEY
CHALK SPOT SHOPPING & DINING
FREE ADMISSION & PARKING

www.ARTParkMarietta.com

www.meetup.com

- Look for a group
- Create own group
 - Matches people who are interested
- All kinds of activities
- Free



Video Games

- Gaming is HUGE
- Over 33 million gamers have a disabilities
- Advancement of technology has made it more accessible
- Safe Place
 - “Virtual World”
 - “No one can see disability”
 - *Quest Magazine, 2013*
- Oct. 10, 2012, AbleGamers Foundation opened the world’s first permanent Accessibility Arcade at the Martin Luther King Jr. Memorial Library in Washington, D.C.



Challenged Athlete Foundation

- Recognizes the athletic greatness is inherent in all people with physical disabilities and supports their athletic endeavors
- Sports Clinics
- Mentor Programs
- Grants
 - Access for Athletes
 - Operation Rebound

www.challengedathletes.org



Blaze Sports

- The purpose of the Blaze Network is to establish a network of local community-based clubs and organizations providing programs that promote physical activity, healthy lifestyle and competitive sports opportunities for children and adults with a physical disability



Who Can Join Blaze?

- Any sports program, club, parks and recreation department or other organization who is providing opportunities for children and adults with physical disabilities to take part in sport, physical activity and/or fitness.



Blaze Sports

- Driven by a desire to provide all children and adults with physical disabilities the chance to play sports and live healthy, active lives.
- Money for equipment chairs came from Department of Labor in Georgia when first started
- 26 different Sport programs
 - Geared mostly towards children and teens
 - Do have equipment for adults



Loan Program Fees

- No Fees to loan/ borrow equipment
 - Have to be a member of Blaze
 - Fill out written loan agreement form
 - Come in for chair fitting and skills assessment
 - Sign written waiver
- Can loan to groups that have teams
 - Rockdale County, Albany, Augusta
 - Fort Stewart : basketball chairs for military team

Loan Program- Responsibility

- Athletes are responsible for other equipment needed
 - Cushions, tapes, gloves, etc
- Blaze monitors and maintains equipment while in use
 - 6 months to a year
 - Funds for major repairs

Loan Program Equipment

- Variety of equipment
 - Racing chairs
 - Track chairs
 - Tennis chairs
 - All court chairs
 - Rugby chairs
 - Basketball chairs
- Blaze Day in Schools
 - Chairs not in use
- Occasionally loan around Southeast
 - One day events
 - Always with staff





Contact for Blaze

- Jeff Jones, CDSS, CTRS, CPRP
Director of Sports and Community
Programs Phone 1-404-270-2036
www.blazesports.org



MILITARY SPORT AND RECREATION CAMP

May 27th - 30th 2014



Military Sport and Recreation Camp

[Read More](#)

**For veterans and active duty service
members with a physical disability**

The spirit lives on in BlazeSports - the Legacy
of the 1996 Atlanta Paralympic Games



**Triumph of the
Human Spirit™**

Our Mission - Changing the lives of

Upcoming Events

[2014 Certified Disability Sport Specialist
\(CDSS\) Training Dates](#)
and CDSS Online Available

June 10-14 BlazeCamp, [Registration Open](#)

June 10-14 Trailblazers Leadership Camp,
[Registration Open](#)

[Visit Event Calendar](#)

Follow @blazesports

USA Boccia is wrapping up Day 1 of their 2014
National Championships at Michigan State
University.

[About 16 hours ago](#)

Double your donation. #Bert&JoyBurns
MatchingChallenge. Change the life of a young
person & veteran with a disability.
[eepurl.com/UjPsir](#)

[May 15, 2014 10:35 am](#)



Beep Kickball

- Created for individuals who have vision loss
- Every player is blindfolded except the umpire
- Kickball and Bases make different beeping sounds



Contact for Beep Kickball

- There is a league in Ga
- Founded in 2010 by Judy Byrd
- Can purchase equipment-around \$300 or less
- www.beepkickball.com
- Mission is to enrich the lives of all people, young and old, who are visually impaired through participation in sports





The Beep Kickball Association
a 501c3 non-profit corporation

[HOME](#)[BEEP KICKBALL FOR FUN](#)[EQUIPMENT](#)[RULES FOR COMPETITION](#)[FAQs](#)[ABOUT US](#)

Welcome to BeepKickball!

an adapted sport for the
visually impaired

Our mission is to enrich the lives of all people,
young and old, who are visually impaired
through participation in sports.

[Visit our Store](#)

Your Shopping Cart

Your cart is empty.

Donations Appreciated

Beep Kickball

Shepherd Center



Therapeutic Recreation

- Focus on returning to an active lifestyle
 - Sports (Quad rugby, basketball, fencing, racing)
- Try before buy
 - Closet with sports equipment
 - Rental program
 - Long- term loan of equipment while playing
- Do not have to be a current patient



Rental



- Individuals can try before making a huge purchase
- \$10/day or \$25 for weekend
- Written Rental Agreement
 - Responsible for equipment
 - Demonstrates the use
- Variety of equipment
 - Quickie tennis chair
 - Quickie All Court basketball chairs
 - Eagle rugby chairs
 - Eagle and Top End racing chairs
 - Shark, Top End Excelerator XLT, and Excelerator handcycles
 - Red Dagger (solo) kayak
 - Green Dagger (solo) kayak
 - Old Town 2 man kayak
 - Green Canoe
 - Red Canoe

Long-Term Loans

- Athletes that play the sport
 - Quad rugby, basketball, fencing, etc
- Athletes are responsible for equipment
 - Tubes for tires
 - Minor repairs
 - Funds for major repairs
- Athletes are responsible additional items for the sport
 - Gloves, tape, cushions, etc
- Bring back at end of season
- Shepherd cleans and sanitizes after each rental and loan



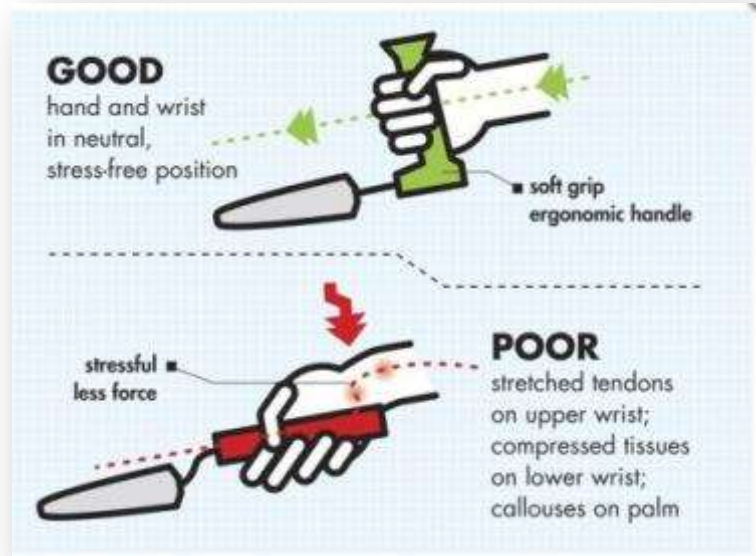
Contact for Shepherd

- Matt Edens C.T.R.S.
Sports Teams Coordinator
Shepherd Center
Matt_Edens@shepherd.org



Adapted Recreation Activities

Gardening



- Gardening
- Angled ergonomic handle
- Non-slip waterproof finish
- Ergonomically angled handle keeps hand and wrist in a natural position



Basketball

- Basketball is a widely popular sport for both those who sport expensive sneakers or others that use sport chairs to play



Wheelchair Rugby

- Wheelchair Rugby is an aggressive sport created to allow individuals who do not have the ability to shoot a basketball to participate in sports competitively. It was invented by quads who felt left out from competitive adaptive sports.



Handcycling

- For getting outside and traveling a distance
Handcycles are a great choice. They offer the ability to travel further with less effort than a wheelchair via multiple gears. You can enjoy a leisurely trek along a trail or the thrill of racing against others



Sit-n-Ski

- Water skiing can be enjoyed by those of various levels of function and skill. From those who may need some help with balancing to individuals jumping wakes.



Scuba

- Being on the water is great but once you're immersed it's the grand equalizer. Whether you have a disability or not Scuba diving is a wonderful activity. The experience of the weightlessness is immensely therapeutic to those who have limited use of their limbs or use wheelchairs daily.



Adapted Recreation Activities

Swimming



- Swimming
- Pool lifts enable someone who has difficulty or is unable to transfer get in and out of the pool with little to no assistance safely
- Up to 90% of the swimmers body is carried by the water
- Improves muscle strength and coordination

Access 2 Independence

- **Mission Access 2 Independence** aims to provide members of the disabled community with services, support and advocacy, to empower them to participate in the community and live independently.
- **Nichole Davis**
 - Director for Access 2 Independence
- **ORee Crittenden**
 - Peer Supporter
- **Sandy Waldschlager**
 - Peer Supporter
- 706 405 2393
- info@access2independence.com

Access 2 Independence



Contact

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dis**ABILITY**
LINK
the center for rights & resources

Apps for Creativity

About Danny

Assistive
Technologist/Social
Media Specialist

Been at the Center
for 3.5 years

Apple fanboy



About disABILITY LINK

- Center for Independent Living
serving Metro Atlanta
- Located in Decatur (but not for long)
- Our mission

Nothing About Us Without Us

Join us for an exciting series of activities that will empower, educate and excite! Each meeting will include different ways of engaging participants, through role play, video, discussions, poetry and other ways of keeping the discussion lively and informative.

This series will be held on the first Thursday of each month from 10am-noon, participants are then welcome to bring their lunch and continue the conversation from noon-1:00pm. Space is limited, please RSVP with Linda Pogue at 404-687-8890 ext 114 or e-mail: greenpogue@disabilitylink.org

Schedule:

July 3rd: "Our Life, What the ADA Has to Do With It"

August 7th: "Back to School, Back to the Classroom? Integration and Segregation"

September 4th: "Accessing Employment and Your Rights"

October 2nd: "From Grabbers to Dogs, Assistance Options and Resources"

November 6th: "Veterans and the Independent Living Movement"

December 4th: "International Disability Rights"





Support the advocacy work of ADAPTERs in Georgia. ADAPT is a grassroots organization that travels nationally to ensure that the civil rights of people with disabilities are protected.

To volunteer for this event, contact Doug Jones at dougnwhite4955@gmail.com or call 770-315-4911

Fall Advocacy Fair
Friday, September 5th
10:00am-2:00pm
The Shepherd Center
2020 Peachtree Road, NW
Atlanta, GA 30309

If you are unable
attend a donation can
be sent to GA ADAPT
at:

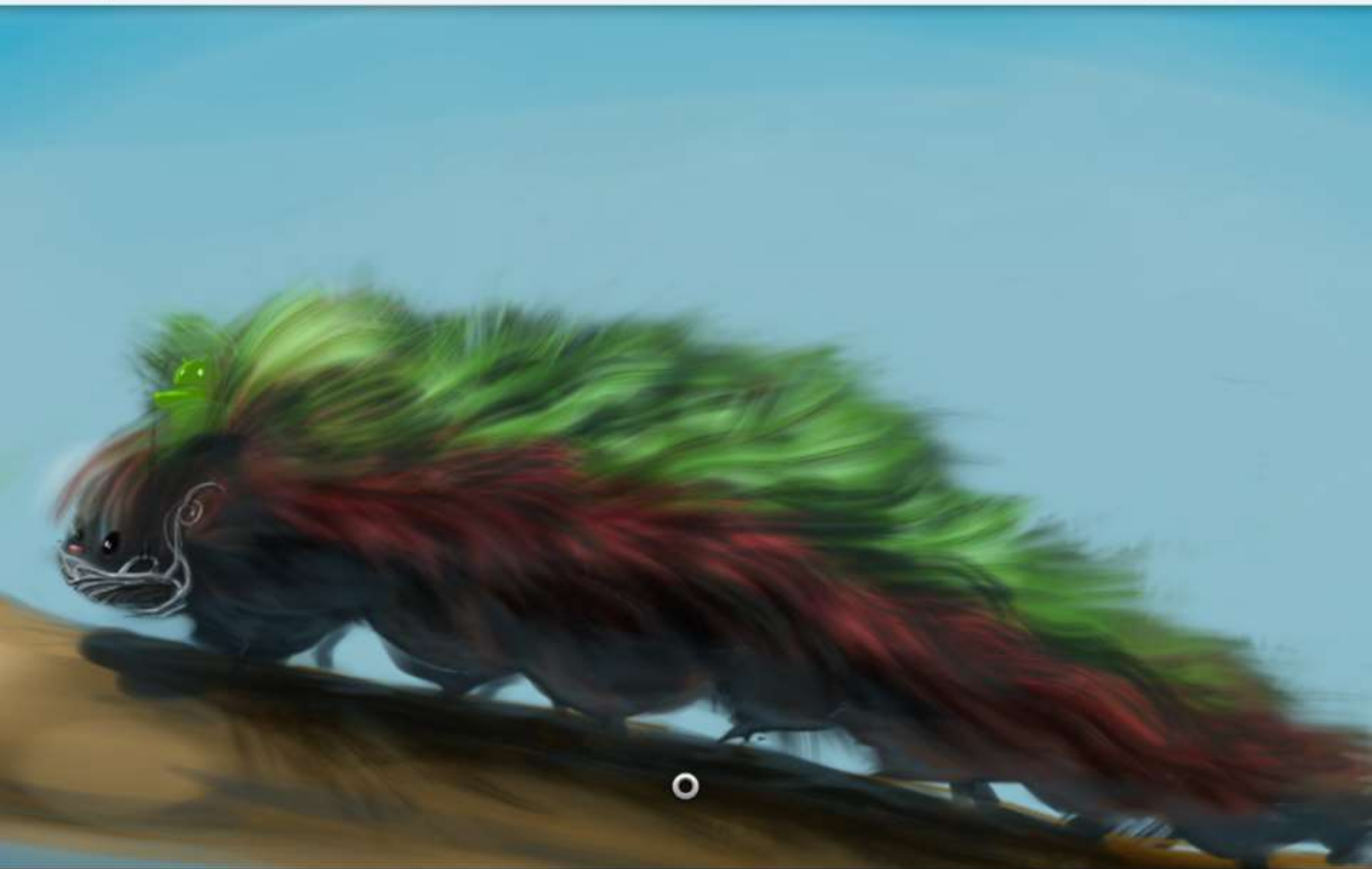
Georgia ADAPT
c/o disABILITY LINK
755 Commerce Dr,
Suite 105
Decatur, GA 30030

If you are a crafter, baker, artist or small vendor and wish to be at this fair, there will be a \$30 table charge or a donation of 50% of your sales. Contact Carol Jones at 404-293-3928 to register

Apps for Creativity

AutoDesk

- Apps for iOS Devices
- App for OSX
- Known for drafting software
- Huge success with their creative products





Size



14

Opacity



53





disABILITY LINK
755 Commerce Drive
Suite 105
Decatur, GA 30030

www.disABILITYLINK.org
www.facebook.com/disABILITYLINK
www.twitter.com/disABILITYLINK

Center for the Visually Impaired

**Empowering people impacted by vision loss to
live with independence and dignity**

**Located in MidTown Atlanta
A United Way Funded Agency
Providing services for 52 years**



The Center for the Visually Impaired • 739 West Peachtree Street N.W., Atlanta, GA • PH: 404-875-9011 • FAX: 404-607-0062 • www.cviga.org



Services We Provide

- Early intervention for infants, assisting in their development and preparedness for the school system
- Youth transitional, social, and academic support for grades K through 12
- Adult vocational rehabilitation, Providing training in all aspects of independence and job preparedness



Services We Provide

Continued

- **Senior adult support to maximize independence in the home**
- **Low Vision Clinic, providing comprehensive evaluations**
- **VisAbility Store, offering devices and aids available for purchase**



S**ocial** T**herapeutic** A**cademic** R**ecreational** S**ervices**

Cornerstone programs:

- **After School Enrichment Program**
- **Mentoring**
- **Summer Camp**
- **Retreats**
- **Monthly Social/Recreational Outings**



Eligibility and Referral for STARS Programs

School-aged youth (grades K-12) who have vision impairment as a primary diagnosis who have ability to manage personal hygiene needs during participation

Referrals are accepted from schools, parents, eye care professionals, and self referral. Intake managed by the Program Counselor and involves application and a visit to the Center



Socialization and Recreation at STARS



The Center for the Visually Impaired • 739 West Peachtree Street N.W., Atlanta, GA • PH: 404-875-9011 • FAX: 404-607-0062 • www.cviga.org



The Importance of Socialization and Recreation in Our Program

Recreational activities provide peer connection, increase confidence and abilities in a safe and trustworthy environment.

Socialization breaks down the barrier of fear and uncertainty and helps our students become more self aware and proactive in advocating for their needs.



Examples of Local Adaptive Opportunities

- **Goal Ball and Beep Baseball:**
Recognized as Paralympic sports
- **Beep Kickball gaining popularity**
- **Tandem bicycling**

Note: A person does not have to be visually impaired to enjoy these activities!



What to Consider When You Have Youth With Vision Impairment Participating in Your Activities



The Center for the Visually Impaired • 739 West Peachtree Street N.W., Atlanta, GA • PH: 404-875-9011 • FAX: 404-607-0062 • www.cviga.org



Resources

*The Encyclopedia of Sports and Recreation for
People With Visual Impairments*

by Andrew Liebs

www.AFB.org

www.usaba.org

www.teachingvisuallyimpaired.com/recreation-leisure



The Center for the Visually Impaired • 739 West Peachtree Street N.W., Atlanta, GA • PH: 404-875-9011 • FAX: 404-607-0062 • www.cviga.org



Contact Information

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Services at CVI

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STARS General

Ph. 404.602.4369 E. stars@cviga.org

CVI General

Ph. 404.875.9011 www.cviga.org





Thank you!
We want to hear from you!

Please take a moment to complete our
survey:

<https://www.research.net/s/TFLwebinar>

