

## MATERIALS LIST

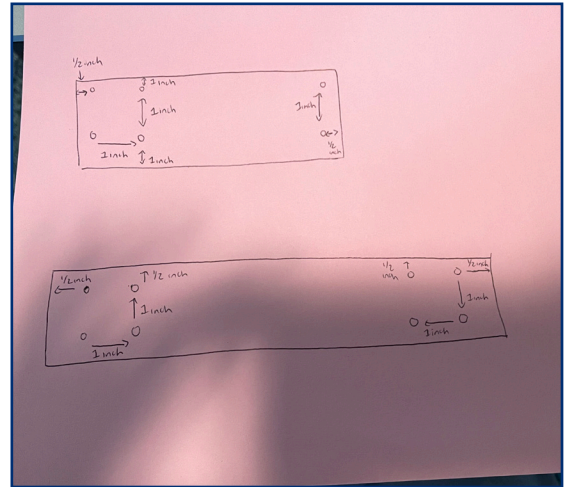
- Brass Fasteners
- Empty Gallon Jug
- Crew Sock
- Skewer or Hole Punch
- Tape Measure
- Scissors



Scan to access instructions, as well as more information about CIDI and Tools for Life at ATIA 2022!



## MATERIALS



## HOLES DIAGRAM



## HOLES DRILLED



## FINAL PRODUCT

(Not on Walker)



## MATERIALS LIST

- Brass Fasteners
- Empty Gallon Jug
- Crew Sock
- Skewer or Hole Punch
- Tape Measure
- Scissors



Scan to access instructions, as well as more information about CIDI and Tools for Life at ATIA 2022!



### STEP 1

Cut a milk gallon jug from the opening to the line at the base of the jug.



### STEP 2

Cut off the base of the jug by following the line at the base of the jug.



### STEP 3

Cut off the top of the jug starting near the base of the handle.



### STEP 4

Cut one strip of the bottle into a piece that measures 2.5" x 7.5".



### STEP 5

Cut another strip of the bottle into a piece that measures 1.5" x 11.5".



### STEP 6

Poke holes in the strips following the diagram, use a skewer or hole punch.

## CONNECT WITH US!

[www.gatfl.gatech.edu](http://www.gatfl.gatech.edu)  
[info@gatfl.gatech.edu](mailto:info@gatfl.gatech.edu)

## FOLLOW US ON SOCIAL MEDIA!

@GAToolsforLife





### STEP 7

Cut the sock 9 inches up from the toes.



### STEP 8

Line up the holes of the 11.5" strip and pin together with brass fasteners.



### STEP 9

Place the sock in between the loop so that 5 inches of the sock hang from the loop.



### STEP 10

Cuff the sock around the loop, place the top two brass fasteners through the sock and anchor down. These fasteners should be facing the outside of the cuff.



### STEP 11

Remove the bottom two brass fasteners and place through the cuffed part of the sock and all parts of the plastic strips. This part is a little tricky, so it may take a few times to get the fasteners through the sock and the plastic. The brass fasteners should be pointing toward the outside of the cuff too.



### STEP 12

Take the 7.5 inch strip and line up the bottom holes with the bottom brass fasteners, then anchor down.

### STEP 13

Loop the plastic over your wheelchair, scooter, or walker and then anchor down with the remaining fasteners.