

Creativity and Nontraditional Approaches to Enhancing Individuals Lives

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Learning Objectives

By the end of this session, you will be able to:

1. List 2 strategies for AT solutions to ease access for creativity towards their passions.
2. Learn 2 nontraditional solutions and skills for living with hearing loss.
3. Learn 2 nontraditional solutions and skills for mobility challenges.

Speaker Disclosures

- **Liz Persaud** has no Financial or Non-Financial Relationships to disclose.
- **Olivia Rains** has no Financial or Non-Financial Relationships to disclose.

Creativity

The ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations, etc.; originality, progressiveness, or imagination.



Creativity and Individuality



- Individuality is the quality or character of a particular person or thing that distinguishes them from others of the same kind.
- Creativity and individuality go hand-in-hand, balancing the whole person, making them unique and thrive.

Disabilities and Creativity

- Those living with disabilities often view their individuality as a benefit to navigating the world, allowing them to "**think outside the box**" and use their creativity as a way to anticipate obstacles and challenges they might face.
- Nourishing that creative process is often a way for individuals with disabilities to balance the daily stresses in life.
- By engaging in the arts and having opportunities to foster creativity, people with disabilities are able to contribute to their communities, **banish archaic stereotypes**, and create comprehensive cultures where everyone is valued and represented.

Why Am I Here Today? – Liz



Living, Learning, Working, Playing!

- Muscular Dystrophy/Spinal Muscular Atrophy 2 - diagnosed at 9 months
 - Life Expectancy? (Age 2, 7, 11, 17) I AM 40!
 - Stable
 - Progressive Muscle Weakness
 - Decline
 - Fatigue
 - Chronic Pain
 - Variety of assistive technology and durable medical equipment - writing, access, environment
 - My list of AT & DME evolves!

Why Am I Here Today? - Olivia



Submucous Cleft Palate

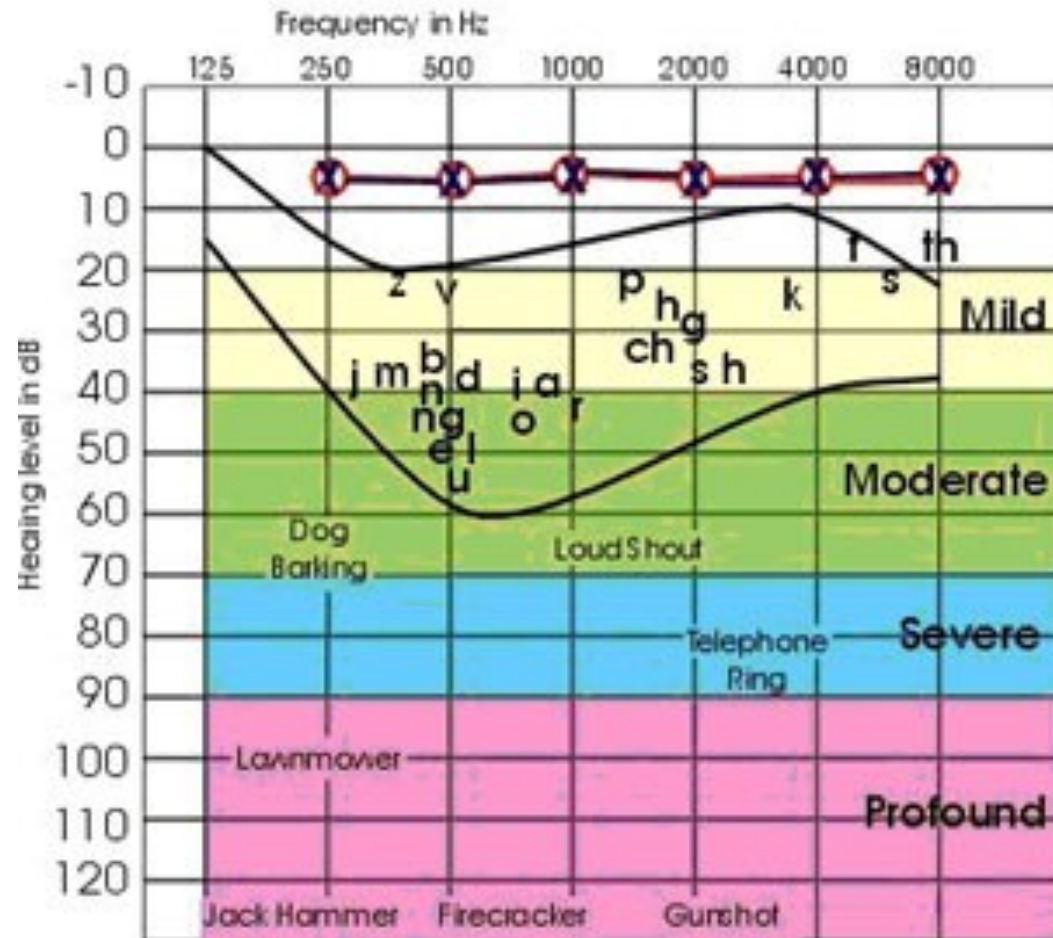




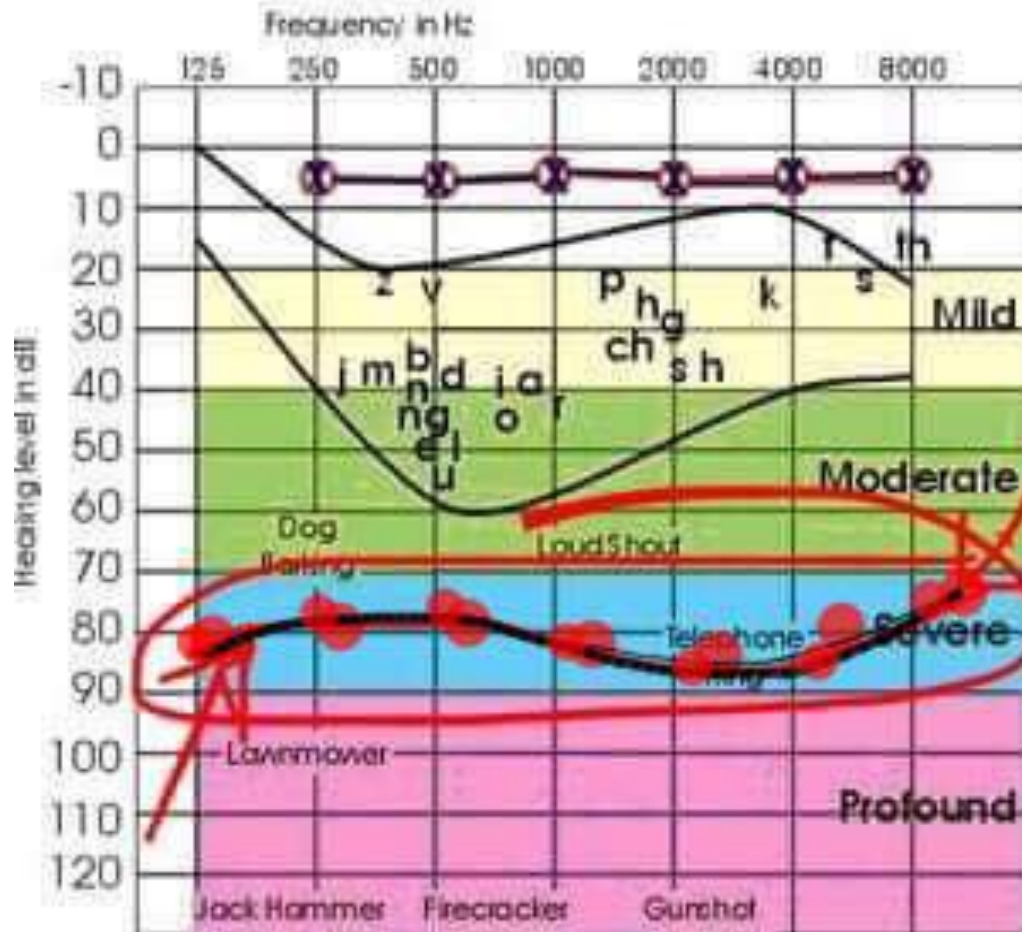
Also me



AUDIOGRAM



AUDIOGRAM



First Surgery



Moved to Austin in 1999

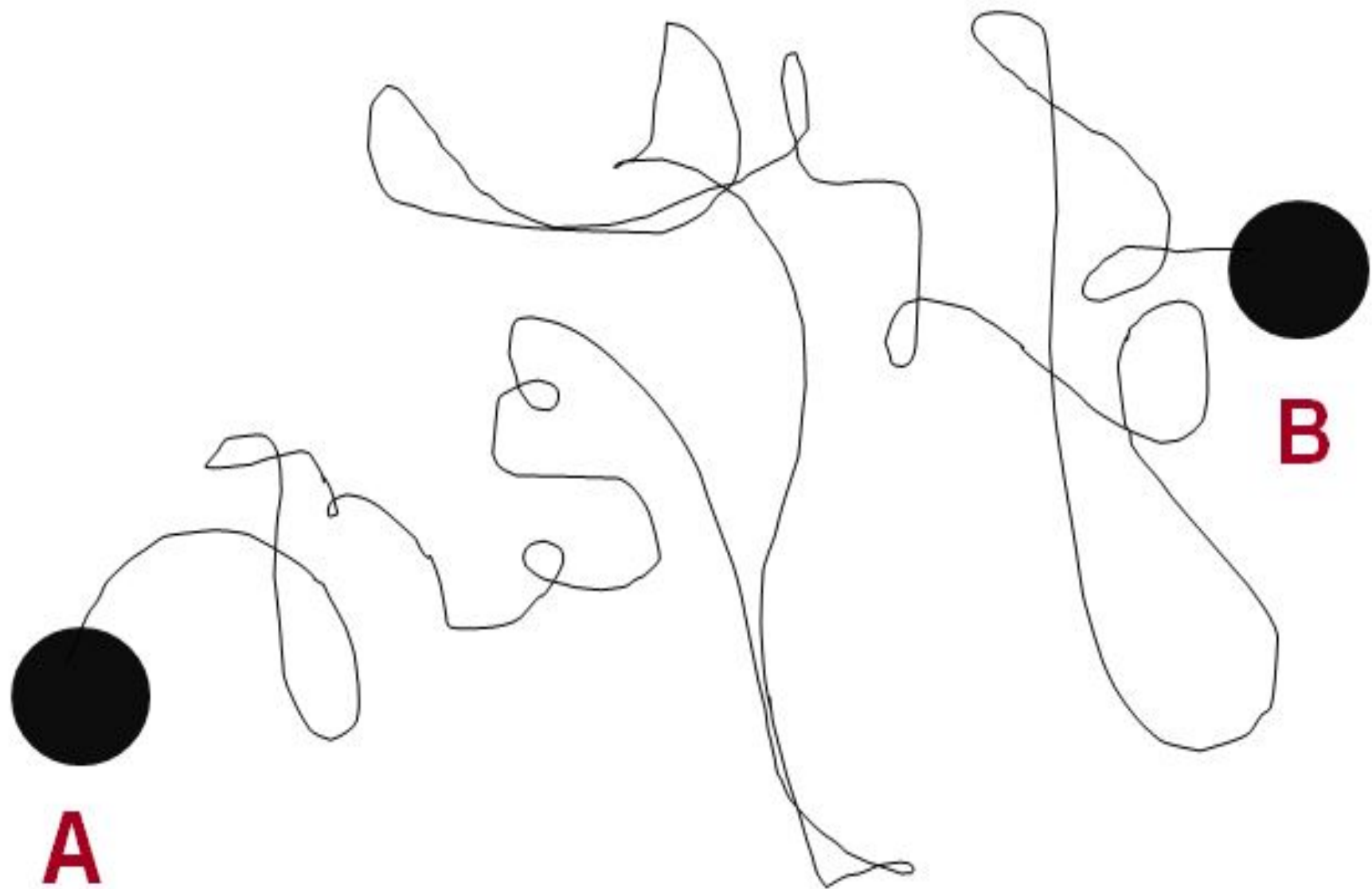


Technology Makes it Possible

- For a person without a disability, technology makes life easier....
- For a person with a disability, technology makes life possible.



Point **A** to Point **B**



I Created My Success

- My Success relies on
 - Knowing Myself
 - Self-Exploration
 - Honestly Exploring & Knowing
 - What are MY Dreams?
 - What are MY Goals?
 - Self advocacy
 - Speak up! What do I need to accomplish my Goals?
 - Understanding My Strengths and Weaknesses



Cosplay by Maria



KT Claire Photography



EAT
ADELPHIA

Art by Jessica





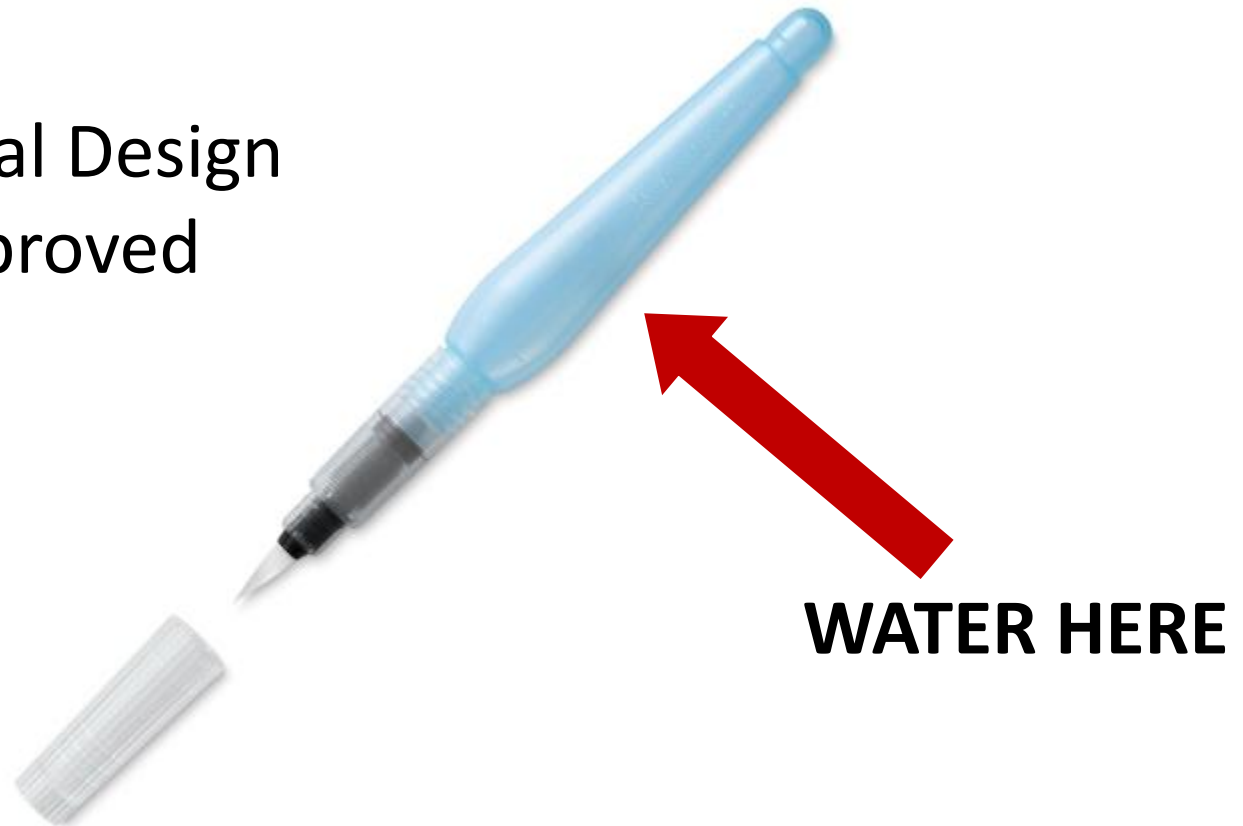
EazyHold Grip bands



Eazyhold.com

Watercolor Brush

- Universal Design
- TSA Approved



Coloring

- Relaxing
- Stress relief
- Self expression
- Meditative
- Accessibility
 - Markers
 - Using apps



Writing with Your Voice



- Dragon NaturallySpeaking
- Speech recognition software
- Control your computer with your voice
- Works fast, 99% accuracy
- Dictate documents
- Search the web
- Precise and quick training

Party Planning



- Ordering online
- Delegate!
- Planning in advance



Think Outside of the Box

Your Passion

- What is your intent of creativity?

Your Option

- Don't look at your disabilities - look at your abilities and build from that.





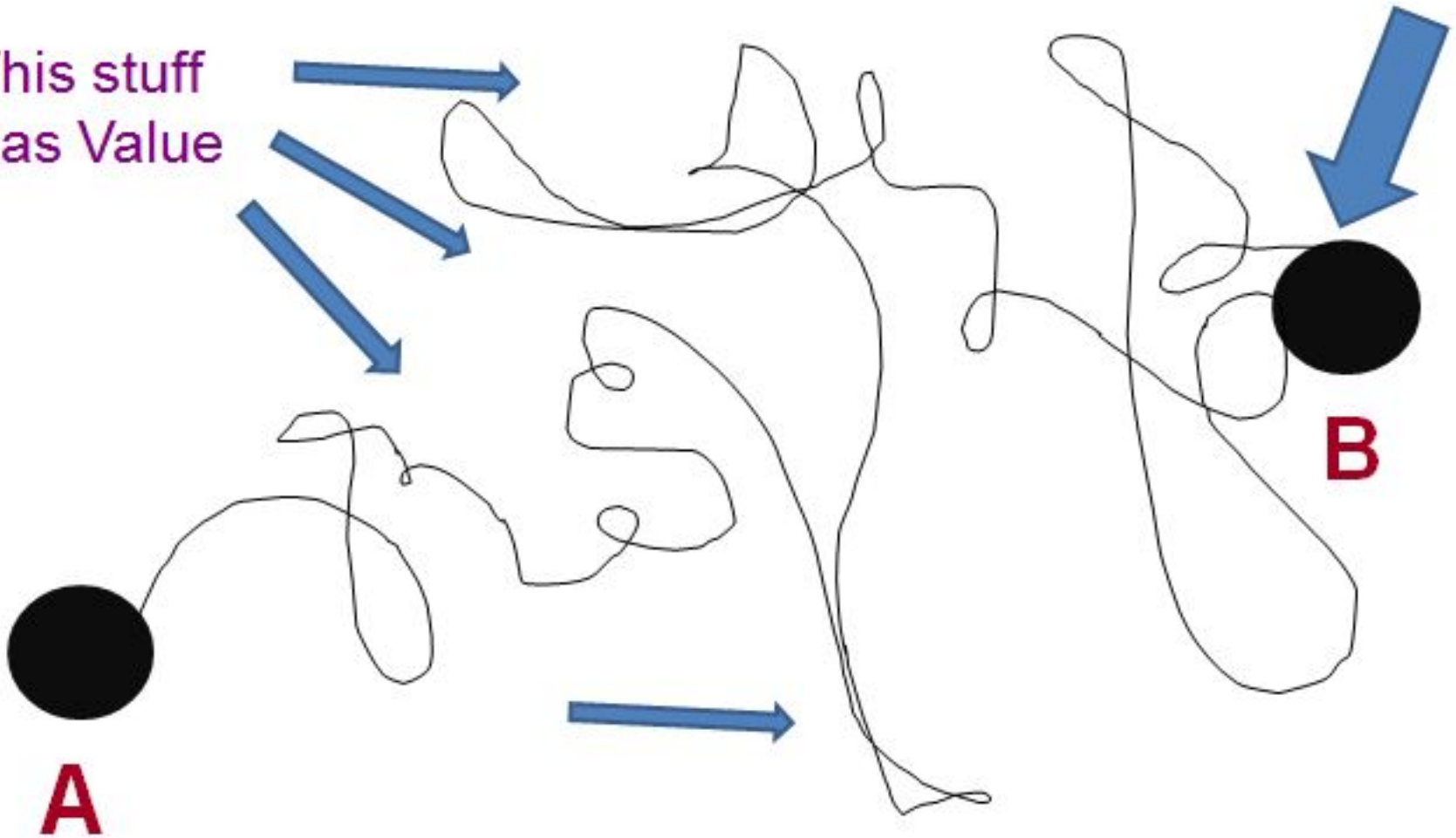
Our Tips for Finding Your Creativity

- Build Confidence
 - Follow your ideas, keep working on it!
- Grow Inspiration
 - Get feedback from your friends, community, etc.
- Cultivate Ideas
 - Ask others what they are doing and how they are doing it.

It All has Value

This stuff
has Value

This end result
has Value



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 - Handouts shared by the speakers are available for 3 months after the conference ends. [Find handouts here](http://www.atia.org/orlandohandouts) (www.atia.org/orlandohandouts).

Speaker Information

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