Housework

Is the person able to do housework?

No

<table>
<thead>
<tr>
<th>Task</th>
<th>Is the person able to sweep the floor and dust?</th>
</tr>
</thead>
</table>
| Why not? | - Cognition  
| | - Safety awareness  
| | - Initiation of task  
| | - Physical  
| | - Strength  
| | - Balance  
| | - Endurance  
| | - Medical limitation  
| | - Pain limitations  
| | - Grip  
| | - Difficulty bending / reaching  
| | - Vision  
| | - Poor lighting |

<table>
<thead>
<tr>
<th>Is the person able to clean up spills on the counter or floor?</th>
</tr>
</thead>
</table>
| - Cognition  
| - Safety awareness  
| - Initiation of task  
| - Physical  
| - Strength  
| - Balance  
| - Endurance  
| - Medical limitation  
| - Pain limitations  
| - Grip  
| - Difficulty bending / reaching  
| - Vision  
| - Poor lighting |

<table>
<thead>
<tr>
<th>Is the person able to clean sinks and toilets?</th>
</tr>
</thead>
</table>
| - Cognition  
| - Safety awareness  
| - Initiation of task  
| - Physical  
| - Strength  
| - Balance  
| - Endurance  
| - Medical limitation  
| - Pain limitations  
| - Grip  
| - Difficulty bending / reaching  
| - Vision  
| - Poor lighting |

<table>
<thead>
<tr>
<th>Is the person able to clean the bathtub or shower?</th>
</tr>
</thead>
</table>
| - Cognition  
| - Safety awareness  
| - Initiation of task  
| - Physical  
| - Strength  
| - Balance  
| - Endurance  
| - Medical limitation  
| - Pain limitations  
| - Grip  
| - Difficulty bending / reaching  
| - Vision  
| - Poor lighting |

Intervention?

- OT, PT

Solutions and Strategies

- Roomba  
- Swiffer  
- Long handle (extra long) pole and dustpan  
- Power / electric broom  
- Dust buster  
- Long extended duster  
- Request (hire) assistance  
- Organization of cleaning supplies / accessible  
- Appropriate supplies

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- Long / extended cleaning tools  
- Self-cleaning cleaning supplies (no scrub)

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