

## 15. Being Alone

Is the person able to take care of themselves in an emergency situation?

No

Task	Is the person able to recognize an emergency?	Is the person able to respond to an emergency (mobility, call 911, etc.)?	Is the person able to get out of the home in case of an emergency?	Is the person able to recognize and respond to threats to personal health or safety?
Why not?	<ul style="list-style-type: none"> <li>- Cognitive issues</li> <li>- DD</li> <li>- Can't see</li> <li>- Can't hear</li> <li>- Can't smell</li> </ul>	<ul style="list-style-type: none"> <li>- Can't reach phone</li> <li>- Can't see phone</li> <li>- Can't talk</li> <li>- Can't dial</li> <li>- Can't hear</li> <li>- Cognitive issues</li> <li>- DD</li> <li>- Limited upper extremity function</li> </ul>	<ul style="list-style-type: none"> <li>- Stairs</li> <li>- Building access</li> <li>- Need help transferring</li> <li>- Can't open door</li> <li>- Insufficient emergency exits</li> <li>- Equipment won't fit through doorways</li> <li>- No ramp</li> <li>- Can't walk</li> <li>- Don't have proper equipment</li> </ul>	<ul style="list-style-type: none"> <li>- Mobility</li> <li>  Get to phone</li> <li>  Leave home</li> <li>- Cognitive / executive function</li> </ul>
Intervention?	OT, SLP	SLP, OT	OT, Contractor	OT
Solutions and Strategies	<ul style="list-style-type: none"> <li>- Service animal</li> <li>- 1<sup>st</sup> Alert System</li> <li>- Wireless phone</li> <li>- Aide / PSS</li> <li>- Text 911 (in some places)</li> <li>- Move phone</li> <li>- Alert fire and police</li> <li>- Tactile cues on phone</li> <li>- Pixie technology</li> <li>- Picture phone</li> <li>- Smart smoke alarm</li> <li>- Security system</li> <li>- Visual cues like flashing strobe alarm</li> <li>- Voice dialing</li> <li>- AAC</li> <li>- Relay</li> <li>- Refer for counseling</li> </ul>	<ul style="list-style-type: none"> <li>- Service animal</li> <li>- 1<sup>st</sup> Alert System</li> <li>- Wireless phone</li> <li>- Aide / PSS</li> <li>- Text 911 (in some places)</li> <li>- Move phone</li> <li>- Alert fire and police</li> <li>- Tactile cues on phone</li> <li>- Pixie technology</li> <li>- Picture phone</li> <li>- Smart smoke alarm</li> <li>- Security system</li> <li>- Visual cues like flashing strobe alarm</li> <li>- Voice dialing</li> <li>- AAC</li> <li>- Relay</li> </ul> <p>Cognitive/executive function</p> <ul style="list-style-type: none"> <li>- Make a plan</li> <li>- Contact list by phone</li> </ul>	<ul style="list-style-type: none"> <li>- Home modification, inside and outside: ramp, widen doorways, create new emergency exit, smooth and level pathways</li> <li>- Aide / PSS</li> <li>- Alert fire and police</li> <li>- Mobility aid</li> <li>- Stair Tracker</li> <li>- DME: cane/walker/wheelchair</li> <li>- Home environmental controls: automatic door</li> <li>- Charge power wheelchair every night</li> <li>- Get to know neighbors</li> <li>- Alert building manager</li> <li>- Emergency plan</li> </ul>	<ul style="list-style-type: none"> <li>- Wireless phone</li> <li>- Environmental control / modifications</li> <li>- Home mods</li> <li>- Ramp</li> <li>- DME (cane, walker, wheelchair)</li> <li>- Outside home mod, i.e. smooth pathway</li> <li>- Home controls, i.e. automatic doors</li> <li>- Charge power wheelchair every night</li> <li>- Make a plan</li> <li>- Contact list by phone</li> <li>- Alarms</li> <li>- ICE #s</li> <li>- Alerts to support system</li> <li>- Home alarm</li> <li>- Signs</li> </ul>

		<ul style="list-style-type: none"><li>- Alarms</li><li>- ICE #s</li><li>- Alerts to support system</li><li>- Home alarm</li><li>- Signs</li><li>- Pictures</li></ul> <p>Phone</p> <ul style="list-style-type: none"><li>- Wireless phone</li><li>- Environmental control / modifications</li></ul>		<ul style="list-style-type: none"><li>- Pictures</li></ul>
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Task	Is the person able to call 911 – or anyone?			
Why not?	<ul style="list-style-type: none"> <li>- Can't use verbal communication</li> <li>- Can't type on keypad</li> <li>- Doesn't have phone</li> <li>- Can't hear to use phone</li> <li>- Can't see phone</li> <li>- Tremor</li> </ul>			
Intervention?	Yes – OT, AAC			
Solutions and Strategies	<ul style="list-style-type: none"> <li>- Specialist – access feature match</li> <li>- CG / Pt training</li> <li>- Counseling</li> <li>- Picture dialing</li> <li>- Voice dial</li> <li>- AAC</li> <li>- Flash alert</li> <li>- Telephone arm</li> <li>- Universal cuff</li> <li>- Apps</li> <li>- Cell phone</li> <li>- Landline</li> </ul>			