Exploring Assistive Technology Solutions for LD

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With contributions from TFL Team
www.gatfl.org
For Handouts: http://www.gatfl.gatech.edu/tflwiki

AOGPE Conference 2016
www.amacusg.org
Welcome to the Assistive Technology Revolution!

The world around us is evolving at an astounding rate. Assistive Technology developments have been foundational in this evolution and a catalyst for producing positive life-changing results for individuals with disabilities.

This session will take a closer look at:

- AMAC | Tools for Life – AT Act Program
- Advocacy & Knowing Your Rights
- Making and LD Evaluation Your Action Plan
- Understanding Assistive Technology
- Using “Low/Light Tech” to inform “Mid/High Tech Solutions”
- 5 Trends to Watch
- where we are and perhaps, where we are going.

…all in about 60 minutes!

For Handouts: [http://www.gatfl.gatech.edu/tflwiki](http://www.gatfl.gatech.edu/tflwiki)
AMAC Accessibility is a social change organization on a mission to create affordable services for governmental, private and non-profits organization working with individuals with disabilities. Services include e-text, braille, captioning, assistive technology, office management software and consulting.
AMAC creates practical solutions that work, with a focus on utility, ease of use, and high quality.

- **Accessibility Consulting** focuses on organizational accessibility needs with evaluation, technical assistance, customer support, and website accessibility solutions.
- **Braille Services** produces customized projects from both print materials and electronic text including partial books and chapters or graphics only using cutting-edge technology.
- **Captioning Services** makes classrooms, meetings, labs and other audio environments fully accessible for deaf or hard-of-hearing.
- **Professional E-Text Producers** provide high-quality e-text in many formats such as PDF, DOC, DAISY, and HTML.
- **Certified Assistive Technology team** provides on-site and remote assessments, demonstrations, training and technical assistance for education, work, and daily living environments.

For more information, please visit our website at [www.amacusg.org](http://www.amacusg.org)
TFL AppFinder
The TFL Network is Growing!
• Tools for Life endeavors to break down the barriers which prevent individuals with disabilities, their families, and service providers from acquiring and effectively using Assistive Technologies to gain greater independence.

• To insure that AT products are available to Georgians with disabilities

• Eliminate Funding Barriers
Why Assistive Technology?

• For a person without a disability, technology makes things easier....

• For a person with a disability, technology makes things possible.

• TIP: USE AT. I have yet to meet a successful student with disabilities who doesn’t use Any AT.
Future

• Level out the playing field

• The Future is Contextual
  – GPS apps
  – Ads on Internet
  – Smart watches
  – Social Media
Assistive Technology is a continuum of tools, strategies, and services that match a person’s needs, abilities and tasks.

Low/No-tech
- pencil grip
- adapted books
- slant board
- highlighters, tape
- magnifiers
- color coding
- read to out loud
- picture schedule
- strategies for memory
- colored transparencies
- Proof readers
- note taker

Mid-Tech
- word prediction
- text to speech
- speech to text
- spell checkers
- talking calculators
- digital recorders
- organizers
- e-books
- adapted keyboard
- adapted mouse
- adapted toys
- CCTV
- apps under $100

High-Tech
- computer/laptops
- tablets/phablets
- smartphones,
- smartpens
- OCR scanner/software
- magnification software
- speech output devices
- switch, joystick access
- scanning access
- voice recognition
- environmental
- control devices
- apps over $100
Low Tech AT Solutions
Low Tech Solutions

Writing Solutions:

- “The Penagain takes a novel ergonomic approach to ink pen design. The body of the pen is shaped like a "Y" creating a cradle for the index finger to rest in.”
  https://ergonomics.about.com/od/buyingguide/fr/frpenagain.htm

- Wide barrel pens can make it easier for some people to write due to their contoured shape. With a Fat Ergonomic Pen there’s more surface area to grip which makes it easier to write.
Low Tech

• Built up grips
  – Variety
  – Create your own using tennis balls
• Larger / thicker pencils
• Electronic Spellers
  – Franklin Spellers
Live Scribe Pen

- Records what it hears and what you write
- Uses specific paper for playback
- Connects to computer by USB for saving
- Tap on note and playback from there
- Jump forward and back in notes
- Dictionary
- Translation Apps
- Purchase Apps online
- Demo
Considering No/Low Tech to High Tech
Moving from Information to Action

Evaluations for Learning Disabilities

• One to one assessment
• Comprehensive battery of tests
• Detailed report with recommendations for support in work and/or learning

• What did You learn in your LD Evaluation?
• Moving from Information to Action
  – Using your Evaluation results as an Action Plan for AT
Dyslexia
• A specific learning disability that affects reading and related language-based processing skills. Dyslexia is sometimes referred to as a Language-Based Learning Disability.
• The severity can differ in each individual but can affect:
  – reading
  – fluency,
  – decoding,
  – reading comprehension,
  – recall,
  – writing,
  – spelling, and
  – sometimes speech and can exist along with other related disorders.
• What does this information tell us regarding our AT Action Plan?
Moving from Information to AT Action Plan

• What does this information tell us regarding our AT Action Plan?

• Avoid the temptation of a “cookie-cutter approach”

• Customize approach – No 2 individuals are the same. We all have different strengths and Abilities to build upon.
PAR: Protocol for Accommodations for Reading

• Don Johnston
• Assist with accommodations for reading
• 3 Steps
  – 1) Student’s Oral Reading
  – 2) Adult Reader
  – 3) Text Reader
• How did the student like?
• Help with adding in AT for reading solutions
The “FAST” Track

- Frustration
- Anxiety
- Stress
- Tension
Human Activity Technology (HAAT) Model

- **Human**: represents the skills and abilities of the person with a disability
- **Activity**: a set of tasks to be performed by the person with a disability
- **Context**: the setting or social, cultural and physical contexts that surround the environment in which the activity must be completed
- **Assistive Technology**: devices or strategies used to bridge the gap between the person’s abilities and the demands of the environment

Developed by Cook & Hussey
Ergonomics

- Inhibits blood flow
- Creates muscle shortening
- Stresses back muscles and compresses spine
- Can inhibit learning
- Compresses diaphragm
  - Affects breathing
  - Voice quality
Ergonomics in the Classroom
Lumo Lift

- Lumo for back and head/shoulders
- Sends gentle vibration alert when posture needs to be corrected
Know Your Tablets
Microsoft Surface

- Windows 10
- Slim and has a USB port
- Moveable Tiles
- Built-in Accessibility
  - Speech-to-text
  - Narrator
  - Magnifier
  - High contrast
- Thin pressure sensitive cover that doubles as a keyboard
- Starts at $499
Samsung Galaxy Tab 4

- Android System
- 7, 8, 10, 12 or 18” in screen
- Camera
- Micro card
- Wi-Fi
- USB for computer
- Some built-in accessibility app
  - Download others
- Starts at $149.99
Apple iPad Pro/Air/Mini

- Multi-touch screen
- Smart Keyboard with iPad Pro
- New iOS 9
- Millions of apps
- Surf web
- iTunes
- HD Video
- Organization
- Accessibility
- Books
- Photos
- Speakers
- 5.0 megapixel camera
Built-in Accessibility Features

- VoiceOver
- Zoom
- Large Text
- Invert Colors
- Speak Selection
- Speak Auto Text
- Mono Audio
- Assistive Touch
- Guided Access
- Home-Click Speed
- Switch Access
- Braille Displays
Creating Keyboard Shortcuts

• Go to General => Keyboard and make sure Shortcut is turned on
• Go to Add New Shortcut
• Put in your Phrase
• Create Short Cut
• Example:
  – Phrase: Martha E. Rust, MS CRC ATP
  – Shortcut is: MER
  – So when MER is typed it will put in the above Phrase
  – OMW => On My Way!
Apple: Read Text Out Loud

• Open the Settings app on your home screen.
• Tap the General tab.
• Scroll down and tap the Accessibility tab.
• Tap the Speak Selection option (it should be set to off, currently).
• Tap the toggle switch to turn it on. You
  – can also adjust the rate of speech as well.

• Highlight any text like you would if you were going to copy it but tap the "Speak" button instead.
  – This option will change to "Pause" while the text is being spoken so you can stop it at any point.
• Can choose to highlight as it reads

![highlighted text example]
iOS 9 More Powerful Siri

Meet your proactive assistant.

Based on the apps you commonly use and the time of day you use them, you’ll get intelligent suggestions for what you might want to do next — even before you ask.
Voice Dream

- Text to Speech
- Highlights as it reads
- Import
  - Bookshare
  - Dropbox
  - Gutenburg
  - Word Doc
  - PDFs
- Buy different voices
- Change rate of speed

- Download for later reading
- $9.99
• Scan documents or handwritten notes
• Email the scans as JPEG or PDF
• Free
• Genius Scan Plus ($2.99) allows upload to Dropbox, Skydrive or Evernote
BARD Mobile

- Access directly to the National Library Service for the Blind and Physically Handicapped (NLS)
- Must be registered
- Settings
- Can use with braille display
- Free

[http://www.loc.gov/nls/find.html](http://www.loc.gov/nls/find.html)
Refurbished Tablets

• If you do not need the latest and greatest consider an older models for a discount
• Want to make sure that refurbish tablets have been certified
• Look for at least 1 year warranty
• Many places now sell
  – Apple
  – BestBuy
  – Amazon
Microsoft: Trade-in Your Ipad

Don't throw away free money. Trade in before you upgrade.

To get started, simply bring your laptop, tablet, phone or games to your local Microsoft retail store and check out our competitive trade-in program. If your device or game has value, we’ll provide you with a Microsoft retail store credit so you can trade up to the latest device or hottest game titles.* If it doesn’t have value, we will wipe it of all data and safely recycle it for you. It’s fast, easy, and free of charge.
<table>
<thead>
<tr>
<th>Compare Surface Models</th>
<th>If you’re looking for</th>
<th>If you’re looking to:</th>
<th>Screen size and weight</th>
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</thead>
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| Surface Book           | The most powerful Surface laptop to handle any task. | Experience all the activities on a Surface Pro 4 and Surface 3 plus:  
  - Shoot video and edit in Premiere Pro with amazing fluidity and smoothness  
  - With a discreet GPU, run professional-grade software—Adobe Creative Cloud, AutoCAD, or Visual Studio—without compromise | 13.5” 3.34 lbs (1516g)  
  PixelSense™  
  Resolution: 3000 x 2000 |
| Surface Pro 4           | The perfect balance of size and power for working on the go. |  
  - Run desktop software just like a laptop  
  - Stream music and movies  
  - Write and draw directly on your screen  
  - Organize and enhance photos  
  - Make music with professional grade apps  
  - 3D modeling with Auto Cad (i7 models only) | 12.3” 1.73 lbs (786g)  
  PixelSense™  
  Resolution: 2736 x 1824 |
| Surface 3               | The smallest and most compact member of the Surface family |  
  - Run desktop software just like a laptop  
  - Stream music and movies  
  - Write and draw directly on your screen | 10.8” 1.37 lbs  
  Full HD Display  
  Resolution: 1920 x 1280 |
Surface – Ease of Access

Ease of Access options for Surface

- **Narrator**: This tool reads the text on your screen aloud. For more info, see [Hear text read aloud with Narrator](#).

- **Magnifier**: This tool enlarges your screen or parts of it to make words and images easier to see.

- **High contrast**: This option lets you use a high-contrast theme that makes items easier to read on your Surface. Here’s how to use a high-contrast theme:
  - Under Choose a theme, select a high-contrast theme, select a color for the text or background, and select Apply.

- **Closed captions**: This tool lets you control fonts and other features related to closed captions.

- **Keyboard**: This tool lets you control your Surface by using a touch keyboard.

- **Mouse**: This option lets you change the size and color of the mouse pointer and use the numeric keypad to control the mouse.

- **Other options**: These options make your Surface easier to use.
  - **Play animations in Windows**: To see animations whenever you open and switch apps, select On.
  - **Show Windows background**: To see a background image instead of a black background on the Desktop, select On.
  - **Show notifications for**: If notifications appear and disappear too quickly, choose a time (5, 7, 15, or 30 seconds; 1 or 5 minutes) to change how long they’re visible.
  - **Cursor thickness**: If the cursor is too hard to see, you can change its thickness.
  - **Show visual feedback when I touch the screen**: To see a gray animation wherever you touch the screen, select On.
  - **Use darker, larger visual feedback (ideal for presentations)**: To see a larger, darker animation wherever you touch the screen, select On.
How to use Speech Recognition

- Lock screen
- Display
- Bluetooth
- Devices
- Mouse and touchpad
- Typed
- Connectors and hubs
- Power and sleep
- Accessibility
- PC info

Lock screen preview

Play a slide show on the lock screen
Off

OK
Apps for Windows

There are thousands of education apps in the Windows marketplace, from early learning games to study aids and even apps that will help you manage the classroom, with more available every day.

Guide: Top 100 education apps by subject and grade

Find education apps for Windows
Surface Resources

The World's Most Popular Mobile OS

- Android powers over 1,675,450,000 phones and tablets around the world. 355,000 Android phones are activated daily.

- It’s customizable, yet easy to use, and since it's made by Google, it works seamlessly with all your favorite Google apps.
Smartphone Users Pick Android

79% of People Use Android Smartphones

14.2% of People Use iPhones

6.8% Use Other Smartphones
Samsung Galaxy Tab S2

- 8.0 or 9.7 inch Super AMOLED screen
- 5.6 mm thin, 265-392 grams
- 8 Megapixel Rear Facing Camera, 2.1 Megapixel Front Facing
- Quick Connect and Sidesync allow for easily connecting to other devices.
- $399 - $449
Samsung Galaxy Note 5

• S-pen is a built in stylus that allows you to easily access your phone in an intuitive way.
• Wireless charging is built in! Place the device on a charge pad, just grab and go!
• Camera allows video to be recorded in 4K Ultra High Definition
• Ultra Power Saving Mode
• $696 off contract
Kindle Fire HD/HDX Features

- Download Books and Movies
- Access to Amazon
- Front Facing Camera
  - Skype
- Can Read Books out loud
  - If book has this feature enabled
  - Check on product details page
  - Whispersync for Voice
  - Immersion Reading
- Mayday Button
- Can Change:
  - Font
  - Line Spacing
  - Text Size
  - Background color
Easy Mode

- In Settings under Home Screen Mode
- Has three home screens
- The main home screen has non-removable widgets for the time, date, and weather. You will also find six apps to choose from that have much larger icons
- The left home screen is dedicated to calling
  - Can select up to nine contacts
- The right home screen includes 9 apps that you can customize to whatever you want
- Still have an app drawer
  - All apps are spelled out and in alphabetical order.
- The settings menu and camera interface is also simplified
Google Drive

- Upload photos, videos, documents, and other files and access wherever you go
- Share photos and files
- Make files available off-line
- Scan documents with device camera
- Up to 15 GB of storage
- Free
Talk Text to Voice

• Convert text to voice using the Text-to-speech engine on your smartphone
• Allows importing web pages directly from the browser to listen to them
• Can also import selected text from other apps
Resources

- http://www.android.com/about/
- http://www.google.com/landing/now/#whatisit
- http://www.statista.com/topics/876/android/
- http://getvera.com/controllers/veralite/
- http://www.google.com/glass/start/
RealPad

- Ready to use out of the box
- Toolbar with large graphics
- Light weight
- 16gb of storage
- Rear and Front facing camera
- $99 with 1 year warranty

- Free 24/7 Customer Services
Mobile Tablets/ eReaders

• What do I need?
• Does it read out loud?
• Do I need Apps?
• Change colors?
• Change line spacing?
• Textbooks?
• Fun Reading?
Tools for Life
AppFinder
Your TFL AppFinder

Search by:

- App Name
- Categories
  - Book
  - Education
  - Environmental Adaptations
  - Hearing
  - Cognition, Learning, Developmental
  - Navigation
  - Personal Care and Safety
  - Productivity
  - Communication
  - Therapeutic Aids
  - Vision
There are many benefits to playing games:
- Improved Hand/Eye coordination
- Increased problem solving and cognitive function
- Better handle stressful environments
- Social outlet

Tools for Life has recognized the importance of play and is starting an initiative dedicated to gaming with disabilities. Some objectives of the program are:
- Demonstrate the accessibility of gaming
- Build relationships with developers and aid in creating more accessible games
- Increase public awareness of the importance of accessibility in games
Pixie

• Maps all of the digital things in your life
• Place a pixie chip on any device and map will tell you it's precise location
• https://www.getpixie.com/
iBeacon Technology

• Estimote Beacons
  – Wireless sensors that attached to any location or object
  – Broadcasts radio signals to smartphone
  – [https://www.youtube.com/watch?v=lwnmx-5mBLM](https://www.youtube.com/watch?v=lwnmx-5mBLM)
• Share information via Facebook, Twitter, Email, or SMS
• Upload photos
SkyGrid

- Personalize news events by categories
- Simple interface
- Free
- www.skygrid.com
“Rewordify is a free website that makes English easier to read. In some ways it is similar to a thesaurus, but allows users to enter not just single words, but entire sentences, pages, and even websites, for clarification. Passages are preferred, as difficult words are 'rewordified' using the context of the sentence. For example, paste in "The tempest raged outside while the throng huddled inside.", and it is 'rewordified' into, "the storm raged outside while the crowd huddled inside."

Students can use this tool to make passages more understandable. Simplified words are highlighted for quick comparison with the original word(s).”
Victor Reader Stream (new generation)

- Handheld media player by Humanware
- Plays DAISY books, MP3, MP4, EPUB
- Records voice and media
- Two built-in, human-sounding voices
- Built-in wireless networking capability
- $369
Reading Pens

• Scans text,
• Hear it spoken aloud
• Obtains definitions and correct pronunciation within seconds
• Variety of types
  – Wizcom
  – C-Pen Reader
  – IRISPen
  – PenPower
  – Video Touch Pen by MoralRegion
AnyBook Anywhere

• Use to record your voice reading the story
• 200 hours of recording
• Works with any book
• Store recordings on a virtual library
• Share collections with friends
• $49.99
• Amazon.com
• Learning Ally
  – DAISY
  – Membership required
  – over 75,000 audiobooks, audio textbooks, and other recorded books
  – Free Trial
Bookshare

- Online Accessible Library
- Free membership to qualified students and schools
  - Textbooks if school is member
- 389,675 titles
- Serves individuals with:
  - Vision disabilities
  - Physical disabilities
  - Learning disabilities
Audible.com

• Digital audiobooks
• Read by Hollywood stars, authors, and professional narrators
• Listen anywhere
• Over 180,000 titles
• Membership
  – $14.95/ month for one book
ClaroSpeak US

- Text-to-Speech
  - import documents and PDFs into ClaroSpeak from apps such as Mail, or import PDF, Word, Pages and other files directly from Dropbox using
- Change font and color
- Save text as an audio file
- Visual Tracking
- Send Text
ClaroRead

- Reads text as it highlights
- Moveable tool bar
- Can read doc, PDFs, internet, and more
- 7.0
  - Add audio notes
  - Save as mp3 file
  - Save as video

- Can change highlighting colors
- www.claroread.com
Kurzweil 3000

• Text-to-Speech software
• Helps improve reading speed and comprehension
• Note taking capabilities
  – Different color highlighters

• firefly
  – Access many features of Kurzweil through the internet
    – firefly demo
• Free download trial
  – www.kurzweiledu.com
  – Kurzweil 3000 Demo
TextHelp

- Text-to-Speech software
- Helps improve reading skills
- Built-in text and picture dictionaries
- Study skills highlighter

- Has a Google Chrome version
- www.texthelp.com
WYNN

• What You Need Now
• Freedom Scientific
• Scanning and Reading software
• Highlights text as spoken
• Icon friendly
• Built in study tools

• Internet Features
Speech Recognition Software

• Turn spoken words into text

• Connect with the timing of your thoughts

• Dictation speed 70 to 100 words per minute
Word Q/ Speech Q

- Software that has built-in word prediction
- Suggests words
- Spoken feedback to hear what was written
- Speech Q is a plugin for Speech Recognition

- 30 day free trial
  http://www.goqsoftware.com/trial/
Ginger

- Online grammar and spell checker
- Can see corrections as you type or use Ginger Proofreader to scan the entire document for mistakes
- Will read corrections out loud
- Has a mobile Android, iOS and Windows
- Works inside Word and emails
- Text to Speech
  - Read emails and docs
  - Can choose voice and accent
- Ginger Demo
Inspiration

• Mind Mapping software
• Allows User to “connect” ideas together
• Add in pictures and hyperlinks
• Can produce an outline form

• Better organization of essays
• $27.96
• App $9.99
WAZE

FREE!

iOS

- Waze is the world's largest community-based traffic and navigation app. Join drivers in your area who share real-time traffic & road info to save time, gas money, and improve daily commuting for all.
Key Ring App

FREE!
iOS and Android
• All those loyalty cards are hard to keep track of. Key Ring puts all your cards on your phone, so they’re there when you need them. Scan and store grocery cards, gym cards, library cards, gift cards... you name it. Loyalty cards scan straight from your phone at the checkout counter, saving you money instantly.
What's New In AT!
Typing made Easier

Our smartest keyboard ever.

iOS 8 makes typing easier by suggesting contextually appropriate words to complete your sentences. It even recognizes to whom you’re typing and whether you’re in Mail or Messages. Because your tone in an email may be different from your tone in a message.

Learn more ›
Reminders

- Built-in App
- Works with VoiceOver
- Organize your reminders
- Siri
- iPad
TapTapSee

• Designed to help people with low vision identify objects they encounter in their daily lives.
• Double tap the screen to take a photo of anything, at any angle, and hear the app speak the identification back to you.
• Requires VoiceOver to be turned on.
Apple Watch

• Receive Calls and texts
  – “Inner Circle”
• Apps
• Can be used for fitness
  – Heart Rate Monitor
  – GPS
  – Accelerometer
• “Hey Siri”
• Haptic feedback
• Calendar
• $499
FitBit

- Fitness tracker
- Variety of styles and colors
- Track Activity
- Track Food
- Track Sleep
- Track Heart rate
- Works with other Apps
- New Smartwatch
Microsoft Band

- Works across all platforms
- Receives calls and texts
- Uses Cortana
- Keep tracks of steps
- Keeps track of Sleep
- Keeps track of UV
- Keeps track of heart rate
- Choose apps
  - Facebook
- $199
T. Jacket

- Wearable technology vest
  - Provides customizable deep touch pressure
  - Uses adjustable air pressure compression controlled via smartphone app
Amazon Echo

- Speech-controlled speaker system
- Voice recognition - further distances
- Timers, news, information
- Invitation only
- $199, $99 Prime members
Breathe2Relax

- Portable stress management tool
- Detailed information on the effects of stress on the body
- Instructions and practice exercises to learn the stress management skill called diaphragmatic breathing
AT for Calming

b-Calm

• Products for adult and children
  – ($109 -$205)

• Preloaded audio sedation tracks
  – Acoustic masking signals work to make typically distracting noises unapparent to the user
  – Audio recordings to help with relaxation and focus
APPS for Mood/Emotion Management

- **Self-Help for Anxiety Management (SAM)** (free iOS, Android)
  - Tell the app how you’re feeling, how anxious you are, or how worried you are.
  - app’s self-help features walk you through some calming or relaxation practices.
- **iZen garden** ($4.99, iOS)
- **Koi Pond** ($1, iOS)
Task Management

- **Evernote (free, iOS, Android, Windows)**
  - allows you to store text, photos, and audio notes on your device of choice. Create "notebooks" and categorize notes for meetings and to-do lists. Notes are tagged with geo-location for mapping or search. Keep all info in one place

- **30/30 (free, iOS, Android, Windows)**
  - Set up tasks and time needed to complete
  - App will tell you when to move onto next task
My Question to You:
What have You Learned today?
The TFL Team

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Disclaimer
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Relax Melodies: Sleep & Yoga

FREE!

iOS and Android

- Relax Melodies is the LEADER in personalized relaxation and sleep assistance. No more lacking of sleep or insomnia for you! The sleep that you need and want is waiting for you. Relax Melodies and its many features such as high quality white noise sounds, music melodies and complete customizable mixes will help you sleep like never before!
- Here’s how it works:
  1. Create a sleep mix by selecting sounds and music that you like.
  2. Slip naturally into a relaxed state or a deep sleep...!
  3. Awake, feel refreshed and happier
  4. Do it again, anytime!
- Use it also in many other situations such as while exercising, during your yoga meditation sessions, while massaging, during a quick nap or even to help your baby fall asleep faster!