

2. Bathing

Is the person able to bathe themselves?

No

Task	Is the person able to get to the bathroom?	Is the person able to get into the bathroom?	Is the person able to get in/out of the shower?	Is the person able to get in/out of the tub?	Is the person able to turn the water faucet on/off?
Intervention?	OT, PT	PT, Contractor	OT, PT	OT, PT	OT
Why not?	<ul style="list-style-type: none"> - Can't walk - Can't stand 	<ul style="list-style-type: none"> - Threshold too high - Door not wide enough for mobility devices - Can't stand up - Not enough space - Can't do by self 	<ul style="list-style-type: none"> - Threshold too high - Nothing to hold onto - Slippery - Can't stand up - Can't balance self - Can't do by self 	<ul style="list-style-type: none"> - Tub side too high - Nothing to hold onto - Slippery - Can't stand up - Can't balance self - Can't do by self 	<ul style="list-style-type: none"> - Can't use hands - Can't reach faucet - Can't grip faucet to turn it - Can't remember which is hot and which is cold
Intervention?	PT, Contractor	OT, PT, Contractor	OT	OT	OT, Contractor
Solutions and Strategies	<ul style="list-style-type: none"> - Mobility aid: cane, walker, wheelchair - Widen doorway: construction, offset hinges, remove door parts, remove door - Use another bathroom - Aide - Modify bathroom layout 	<ul style="list-style-type: none"> - Threshold ramp - Widen doorway: construction, offset hinges, remove door parts, remove door - Use another bathroom - Aide - Modify bathroom layout 	<ul style="list-style-type: none"> - Threshold ramp - Install grab bars - Non-slip bath mat - Non-slip decals - Bath/shower chair - Aide - Sit to bathe - Roll-in shower 	<ul style="list-style-type: none"> - Tub side cut out - Replace tub with shower - Roll-in shower - Install grab bars - Non-slip bath mat - Non-slip decals - Bath/shower chair - Bath/shower bench - Aide - Sit to bathe - Tub lift 	<ul style="list-style-type: none"> - No-touch faucet - Touch activated (no twist) - Change faucet controls knobs - Use knob turner - Change sink style - Modify/replace sink cabinet - Color-coded faucet labels

Task	Is the person able to regulate water temperature?	Is the person able to wash their body?	Is the person able to wash their hair?	Is the person able to dry themselves?	Is the person able to get to/from the sink
Intervention?	OT	OT	OT	OT	
Why not?	<ul style="list-style-type: none"> - Can't feel water temperature 	<ul style="list-style-type: none"> - Limited upper extremity function - Can't bend down - Nothing to hold onto when stand - Can't lift legs - Can't hold soap - Can't reach body parts - Doesn't wash all body parts - Can't rinse off all the soap 	<ul style="list-style-type: none"> - Can't lift arms - Limited hand use - Can't rinse soap 	<ul style="list-style-type: none"> - Can't hold towel - Can't reach body parts 	<ul style="list-style-type: none"> - Bathroom layout awkward - Not enough space - Sink mounted in a vanity cabinet without a cut out for legs - Sink too high
Intervention?	OT, Contractor	OT	OT	OT	Contractor
Solutions and Strategies	<ul style="list-style-type: none"> - Anti-scald valve - Turn down water temperature at water heater - Thermometer - Wrap pipes against contact 	<ul style="list-style-type: none"> - Bath/shower chair - Bath/shower bench - Grab bar - Long-handle sponge - Soap on a rope - Dispenser for liquid soap/body wash - Bathing mitt - Aide - Handheld shower - Auxiliary handheld shower bracket 	<ul style="list-style-type: none"> - Beautician - Handheld shower - Alternative hair style (cut hair short) - Aide / PSS (personal support specialist) - Dry shampoo - Long handle hair washing brush - Shampoo tray/board (used with aide) 	<ul style="list-style-type: none"> - Reacher - Aide / PSS - Bath poncho - Lay on towel 	<ul style="list-style-type: none"> - Use another bathroom - Take down wall to enlarge bathroom - Replace vanity cabinet without cutout with one that has a cutout - Replace sink with pedestal sink - Lower sink

Task	Is the person bathing in the preferred location?				
Intervention?					
Why not?	<ul style="list-style-type: none"> - Preferred bathroom on another floor - Bathroom layout awkward - Not enough space 				
Intervention?	Contractor				
Solutions and Strategies	<ul style="list-style-type: none"> - Use another bathroom - Take down wall to enlarge bathroom - Change fixtures to fixtures that take up less space 				