

Webinar: TFL DAS training #2

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>> Tori Hughes: We are 2 minutes away from starting our training. We're getting ready to provide this to you guys in partnership with the department of aging services and once we get started we'll have live captioning available. We'll get started in about 1-2 minutes.

>> Martha Rust: Good afternoon. We're going to get this recorded.

If you need captioning, in the chat box which is the bubble box on the bottom right hand side there's a link for the StreamText captioning as well.

So welcome to the second DAS cares act webinar. I am Martha Rust, the direct services manager for TFL.

>> Rachel Wilson: I'm the assistive technology specialist.

>> Ciara Montes: I'm the support specialist with TFL and the direct services team.

>> Martha Rust: We'll get started. I want to give out a reminder that our first DAS cares act webinar if you happen to miss it we did go over the portal for the CARES act and all of that. If you want to catch up we have that recorded

and can get you the link.

The DAS CARES act, thank you for your referrals. We have 7 people we're working with. If you know people that could really benefit from assistive technology for safety or activities for daily living or social isolation, reach out to us. We're having a good time working with these individuals.

We've already had the first shipment of equipment coming in. We're excited to get those out to the participants. If you have any questions about how to refer someone to us, please feel free to reach out to anyone one of us. Rachel, Ciara, or myself.

We are going to look at defined device abandonment. That's a problem we don't always think about with assistive technology. Hey, you have the equipment and everything is going great and you're going to use it and it will be great. It doesn't always work out like that. We're going to look at what is the right assistive technology. We understand you wanted to know more about technology outside durable medical equipment. So we tried to pack this webinar in with new and even old technology that's really good.

And we're going to look at assistive technology for independence and then answer any questions that you have.

If you have any questions, please let us know. Type it in the chat box at the bottom. We'll do our best to answer at the end. Please feel free to ask questions and we're

happy to answer that.

I want to make sure that we are all familiar with who we are. Tools for Life we are the assistive technology program for the state of Georgia. I see a lot of familiar names on here. For those who don't know, we provide Georgians of all ages and disabilities the opportunity to gain access to and acquisition of assistive technology devices and services so they can live, learn, work, and play independently in the communities of their choice. I was able to participate in the ADRC conference last week. It was all consumer choice. We try to do that. We look at where the people are. If they want to be more independent in work or in the community, how can we work with them so they could be more independent in whatever area they want to be in.

This is our Tools for Life website. We wanted to throw this out. Right on our home page we have a link. If you look under how can we help it says AT referrals. You have the link right there for the DAS portal. So you can go to that link and put in your referrals to us. We like to call this our research page as well. You'll find a lot of great information. This is where we post our previous trainings and webinars so people can watch them when they're able to. We all know we're super busy and sometimes 2 p.m. on a Wednesday afternoon isn't the best time for someone to participate in a training. So check out our Tools for Life website and you'll find all the

trainings there and upcoming information and all kinds of good stuff there.

>> Rachel Wilson: I'm going to jump in and say as far as making referrals if you didn't participate in the training for the first one, that you do go back and check it out. In order to actually make those referrals we need to make sure the person making the referrals is in our data base. It's super simple but in order to make the referrals you need to be in the data base. If there's any questions reach out to any of us and we'll be happy to help you along.

>> Martha Rust: Thank you, Rachel: I love this picture. It's a picture of someone throwing the computer out the window. There have been many days where my computer wasn't working for me and you want to throw it out the window or kick it or something. This made me chuckle when I saw it. I think we've all been there. Sometimes our technology isn't working, freezing, we don't know how to fix it. It can be overwhelming for a lot of people. So we want to talk about that.

We define device abandonment as the act of discontinuing use of assistive technology after obtaining it and using it for a time.

This is where someone may get a piece of technology, they may use it 2 or 3 times, they may think it's not working or working in the area they want to use. And then they stop using it. Research has shown that 29% of assistive

technology is abandoned within 3 years. That's a huge percent. It leads to lot of negative perception by family or users. We have all bought something and then we get frustrated and it gets pushed aside. Sometimes for me I demo a piece of equipment and it's all set up and then it's working and then it comes to do the demonstration and it just doesn't work and then you get that negative perception that it may not work for that person. Device abandonment can be very costly. If you spend must money on a piece of equipment it adds up. It's one of the great things that we have that we have a loan library. Instead of paying money to see if this tablet or app will work, reach out to Tools for Life, and use our loan closet and try it out. It can be costly for providers. For you guys. If you are purchasing devices for people and it's not being used or it's not the right one that adds up. Of course with insurance and Medicaid and Medicare as well. For example, a very common piece of device abandonment is only 30% of adults 50% with hearing loss wear their hearing aids. I think there's a misconception that once you get hearing aids everything will be like before you lost your hearing. There's a big-time adjustment to get used to. Making sure the setting is correct. Making sure the settings are correct when you're inside verses outside. I know people -- hearing aids are not funded with insurance. I know people who have spent thousands of dollars over the years trying to find the right set of hearing aids for them and then

they end up not using it so it gets thrown to the wayside.

Common reasons for abandonment.

Limited user input. Maybe only one person knows how to use that device. It's too hard. They don't understand the directions. It doesn't fit. Maybe these headsets sound nice but they don't fit in my ear or the microphone doesn't fit where it needs to fit. It's usually limited or no training. How many times have you had to Google or look at YouTube for a piece of technology? I think of IKEA. You have to put everything together. You get home with a big box and then the directions are very complicated. Then you try to put together that table with these directions that are very complicated and you don't understand how to do it. Sometimes people can feel embarrassed about asking questions or about using the equipment. We hear often "I'm scared of technology." There's several times where we have worked with people that say that's great but I break technology. They already have that negative attitude before getting started with it.

Maybe there's the denial of need. I can hear fine. It's just everyone around me is not speaking loud enough. I can see everything fine. I don't know why the lights are always dark. Definitely overwhelming for some people to try out a piece of technology. If there's too many buttons or things to set up. And then the cultural issues as well falls into it. There's solutions to all of that. Engage the user in the

selection. Again, it's person-centered. Looking at the access. When it comes to "it doesn't fit" the need to customize or size. Does it adapt to changing in the environment. Can this pes of technology be used at my home? Can I transfer it to my home, synagogue, church? Being able to follow up with the person to make sure they know how to use the device. Of course provide written information. You will be able to be more independent if you try this out. Overwhelming, engaging younger family members. This one makes me smile because how many of you have turned to your kids and said I don't know how to use this. I called someone the other day and I asked if they have someone to help them. They said my neighbor is 22 years old and will help her set this up. So these are common reasons for abandonment.

To reduce device abandonment, meet the consumer where they are. Sometimes for those who use iPhone and android, people are either all Apple stuff and then you try to train them on Android that may be too much or vice versa. Gradually introduce the new technology. Success breeds success. So showing them some of the things and seeing success to increase their ability or want to try more of the technology.

Practice and have fun with it. For some people I have worked with where you use your voice to type for you that's a whole different strength, kind of learning. Using your voice verses your hands to type. Sometimes just start out with

hey send me an e-mail using your voice or send just a text using your voice or what not to reduce the fears.

And encourage success with AT. Continue to encourage and be like great job! It seems to be working! Just being there and listening to the individual on why it is or isn't working.

Strategies for avoiding abandonment. Concentrate on the limited number of items. I work would a family where the husband had Parkinson's and the wife was like he needs help with this and this and this and this. He was overwhelmed with all of that. I said to him what do you feel like you need help with? He said I just want to be able to eat ice cream at night. So we started with that one thing he wanted to do.

What items and things are they currently using? I love where technology is going. Where things are more universal. So I'm not having to buy separate things. Smart phones really opened the door for people with disabilities. I'm not using anything different from my peers. Hopefully you'll see more universal things and thinking outside the box of how these devices can be forms of assistive technology. Engage them in selection. How can you make your day? Demonstrate the benefit of the device. Engage younger family members and of course set up the first use of success. Making sure that the batteries are charged, it's customized to the environment, there's fewer distractions. So they may feel like they won't

break technology after all.

>> Rachel Wilson: When all else fails keep calm. A lot of times people ask what kind of technology would help and what are things we can do to be more independent or safe in the home and so forth? A lot of times my first answer is "it depends" because every situation is so unique and different. The environment, the person, the abilities, the knowledge. What I would say is a lot of times people have experience with technology from years past. It might not have been successful or positive and so that's what they remember. So with obviously the advancement and technology evolving, things are more intuitive and easier to use. So revisit those technologies and really try to work with the person to be able to understand that it might be different. It might not be what you experienced from years ago. Let's try it together. A lot of times when you embrace the situation together a lot of times staying calm and doing it together will bring success for that person.

So, one of the things -- there's a picture here that is very common. This is one of the assessments I went to at somebody's home. This is common what I find in homes. They do have a lot of equipment. I look at that and it's like you never took the wrappers off. It's just sitting in a room. So then that makes me wonder why. This is great equipment that could be used and why is it not being used? So we want to try

to have somebody be part of the process and make sure it's not going to waste or collecting dust and taking up space which can be a hazard in somebody's home. People can trip over them and it gets in the way. So we want to consider the person themselves, their environment, what do they want to really do? And really look at what independence and safety and ways that we can try to avoid that abandonment altogether.

So this picture reminds us that we need to work together. And if it doesn't work, let's go to the next thing. So what we love to do at Tools for Life is we like to work with somebody in what we call "hanging out with intent." We would sit people in their homes, schools, libraries. They come into our lab. We have an assistive technology lab at Georgia Tech and throughout the state at the AAA and ADRC's and we'll talk about different strategies. Then we match up those people with the different kinds of technologies. It doesn't always work and that's okay. So what we wind up doing is find something else. Look at the different features and move on to the next things to see what will work and see what is something the person will want to embrace. We try it out and loan it out and give the person the opportunity because it does take sometimes a few tries before they can embrace it and get the full benefit of the device.

So when we look at different technologies we're also looking at low-tech, mid-tech, high-tech. Again, it's

identifying whether you're talking about something that can attach to somebody's spoon so they can feed themselves or a self-feeding robot. I was talking to somebody from the CARES act program. She doesn't know what she doesn't know. So having those conversations and diving deeper and asking questions to get to the meat and heart of what's going on and then you can find the solutions. We're always available. We love problem-solving and trying to find solutions to help people.

So here are a couple solutions. There's so many devices in our library alone. We have from low-tech to high-tech. The pictures I have on the screen are mainly for feeding and self-feeding. It's also different ways for somebody to be able to engage in the activity. So there's a picture of a red dinner wear set. What we're finding is where somebody maybe with dementia or Alzheimer's are not eating. They have done research and using the color red not only helps stimulate the brain but it's a contrasting color. A lot of times people have white plates where they have their potato and pasta. You have a white plate with white food in it. Everything becomes just one big white blob. For somebody who has cognitive, dementia, Alzheimer's will not want to eat. Their brain just might not be processing. Lots of different kinds of handles for utensils and cups to be able to hold on to a cup when somebody doesn't have the ability to close their fingers or they have arthritis. So there's a lot of different solutions to explore.

Another thing that we really have been focusing on especially during this period of time with the pandemic that's hopefully clearing is grocery delivery apps. One of the things that is concerned is getting out and getting their needs met. So having the ability to getting meals whether it's delivered or able to drive up and have your order picked up. There's so many different stores that have embraced this practice. I hope this will stay even years down the road. For somebody with a disability it makes life possible. So to go grocery shopping and spend an hour picking out grocery but the ability to have it already prepared where somebody pulls the items for you. So lots of options. Again, I'm happy to discuss this further if you're not familiar. It's been a positive influence for a lot of people.

Another thing we come across is when you're making considerations. It's not a one size fits all. Grab bars and I like this saying here "grab bars are not created equal." A person worked with wanted a suction cup grab bar. They don't work. They might work the first 10 times but on the 11th time it's not there and then there's an injury or something because the suction does not hold over time and with chemicals and all that stuff. So what I hope to impress on you is to think through these solutions and situations where safety is a huge consideration. So really look at the person's medical needs, physical needs, maybe the size of somebody. A lot of things do

have the weight considerations and cognitive and safety and environmental. I was looking on Amazon recently and one of the grab bars looked great and it had a great YouTube video but when you looked at the fine print it wasn't intended for a bath tub. It was the type of material wasn't intended for that. But in the video one would think that's appropriate. So being aware and careful to follow up with the person that really was insistent on getting the grab bar we talked it out and I showed a different transfer tub bench where instead of stepping over the tub she could sit down first and swing her lesson in. She had seen shower chairs but not a bench like this. So through that conversation she was able to understand that for her safety and benefit this was the better route to go.

Person-centered options especially in a bathroom is a huge area where people fall the most. You're talking about water, soap. So any opportunity you can try to make that as safe as possible I'm all for it. Thinking about the bathroom itself and how it's laid out and how the person will use it and their particular needs. So what are things that might help them do the things they need to do in a safe manner? So lots of different kinds of solutions. There is a picture in the middle where somebody could sit on the commode and slide into the tub. Then there's no standing up and sitting down and all those things where those are opportunities for a risk for a fall. So looking at the situation this might be a situation to make it

more independent and safer.

Where are things placed? If something is placed down below somebody has to reach out and that's an opportunity for somebody's blood pressure to go up. If they drop the soap on the bottom of the tub that's an opportunity to take a spill. So we like to work with people to make sure it's as safe as possible.

Reachers. This is one of our favorites. Martha has been working on reachers these days. We love them. It's one of those things to keep somebody from bending over. If you need to pick up your dog treats or whatever it is. One less opportunity to bend over and lose your balance and have your blood pressure go up. You can attach them to a wheelchair, walker, all through the house. Have multiple ones it can be a life saver and be able to grab things at the ready.

>> Martha Rust: This is person-centered. Some of those reachers have a magnet on the end. Working with somebody who likes to sew. They lose a lot of pins. So that's cool technology. It's low-tech. We can move on to --

>> Rachel Wilson: Moving on we have all kinds of assistive technology for hearing. As Martha mentioned earlier a lot of times people get nice expensive hearing aids thinking it will solve all the world's problems and be able to hear again and unfortunately there's an adjustment period of time and sometimes they don't work. There are other solutions as well. I

suggest people go back to their audiologist to make adjustments. Know there are other solutions that have also worked very well for people. We've had lots of people who have tried and borrowed our devices. This on the screen is a pocket talker. It is an amplifier. They have the ability to adjust the tone. So if somebody has a higher pitch tone, somebody might not have the ability to hear that tone. So having the ability to adjust using this device is giving somebody that opportunity to hear the tone that works best for them.

I was trying to think if there's anything else I need to say. We have had people shed tears because they couldn't hear. We had one person who was going on a job interview and they borrowed this and they were in tears because they were able to hear. It's powerful.

Another solution is the Cattell phone. It is a free service. It's fabulous. It's one of those things that gives somebody the opportunity to have their conversations captioned. So there's a link on this page which you so there's a link on this page.

Again, talking about more hearing aids and how technology has advanced. There's so many hearing aids now that have fancy apps that you can connect them in different stores or places of worship. If they have the loop system they will automatically connect. If you have the app you can adjust the tone and volume. It's one of those things that again, finding

the right solution for that person is key.

>> Martha Rust: What I like about these newer models of hearing aids is people can try them out before you purchase them. So you can work with the audiologist to see what they have to let you know if it will work for you. It's great to have these different apps so you can adjust when you need it. New technologies is becoming universal. It's happening Realtime. It's really neat. The Google phone Pixel 4a has automatic live captions. I know to show this short video. It's about 45 seconds. It's just music playing. What you'll see is someone will get a call. They will answer it. They will hit the volume button on their phone and then they click live captioning. Super easy. Built right in to the Google phone Pixel 4a. This is where technology is leading. Some of this stuff will just be universal. There's a commercial out right now where there's an older adult calling his adult son. It made me tear up. He's using the Google phone Pixel 4a and his son is like dad this is the first time we've ever talked on the phone. Tori, I will pass it over to you.

Thanks, Tori. I love that this is the way technology is going. To my knowledge it's not like that on the Apple phone. There's nothing they had to download. It's built right into the new phone which is cool.

And don't forget landlines. There's lots of folks

that have land lines. They are living in a rural area and the cell phone doesn't work. There's lots of rural areas that don't have cell service. There's all different types of emergency phones. Some people have had their phone number for many years and they want to keep it even though their cell phone may work out there. It's just a personal choice. But there is assistive technology available for those who do have a land line. That first picture of the silver phone is an emergency phone that actually has preset dialed numbers so if someone falls they can press the bracelet on their hand and it will call their emergency contact to let them know they need help. The bottom phone is just pictures. Sometimes it's hard to remember phone numbers. You can put a picture for everyone you want to call and you press that picture and it will call them. I worked with an older adult with this and one of the pictures they wanted in their phone was their hair dresser. Whenever she needed to get her hair done she would press the hair dresser picture. Don't forget that landlines are still out there.

>> Rachel Wilson: There's other ways to communicate. Maybe somebody had a stroke or other challenges are going on. We want ways to communicate. We have all different options at Tools for Life. We have a regular communication board that's a laminated board that you see on the screen in the middle where there are pictures. Whether you

use pictures or words. Really finding out what that individual needs and how they best communicate and then we move on to where their devices also have audible output. So having the ability to continue to have a voice, somebody is able to communicate and get their wants and needs out without somebody having to talk for them. So again, staying person-centered, not assuming what people want but providing the opportunity for somebody to communicate however best they can.

On the bottom part of the screen is a person using more high-tech solution where they are using eye scanning technology and it's a communication system which is super cool. If you have ever seen someone with ALS, the ability to communicate or head gestures to produce sounds and words a lot of different opportunities now where they bank the voices which is cool. You bank your own voice maybe for somebody who has ALS so they can use their own voice so they can communicate their wants and needs and desires and even the silly stuff in life like I love you. That's not silly. We have a speech language pathologist on our staff which is great to help people find solutions.

>> Ciara Montes: I'm going to talk about the assistive technology for vision specifically magnifiers. Some options are hand-held magnifiers which are the normal looking glass that you look through. They are super cheap. Then you can get an electronic video magnifier. On the right there's a

picture on the right that's the Zoommax snow. You can hold it over text. This one is enlarging some hand written text. These usually have some cool features like you can invert the colors. Sometimes you can have a red and white inversion. You can enlarge it to as big as you need it or you can zoom out. Some other options for the electronic video magnifiers brands are Aptalec compact device or human ware. There's also bar magnifiers that you put over text and move as you go. These are neat cheap options. Some bar magnifiers even come in different colors. So if you need more contrast they have that option. And another magnifier that's new is the OrCam read that reads print or digital text. It's a device you can hold and take pictures of the text that is shown in front of you and it will read it out loud. They have another device that I will talk about in the next slide which is the OrCam myeye. I have a picture of this on the right side of the slide. It's on the arms of the glasses. The difference with the myeye is it can identify text, faces, products, colors, and currency. They can use this out shopping and networking. It has the capability to save business cards to it. It will pair someone's card with their face which is neat. Also the buzz clip is neat. I have a picture in the middle photo. It's a clip that clips on to your shirt and it helps people detect head level obstacles for people with low vision. It will vibrate. If you're using a cane it will notify someone if there's obstacles like a tree hanging or a sign. So

this is why the buzz clip can be a good option. Also I added the patriot view point that has optical character resolution capabilities. You can wear this device and read something and have it read out loud to you. This device will be more costly than the others but I wanted to mention it as a wearable that's out there.

So optical character recognition basically will scan text and read it aloud. There's a lot of free options available. Some of the apps listed can read hand writing. I think seeing AI is one. It's free. It identifies money, products, and short text. It can also identify people to an extent. You can take a picture of someone and it will describe who that person is in front of you. Seeing AI is cool when people are out shopping because they can grab a product and take a picture of it and it will tell you what it is. Another one is Tap Tap See which can help identify objects. So if you take a picture of a room it will tell you there's a table in front of you or a chair to the right of you. There's also the KNFB reader which is a free app that does optical character recognition.

>> Martha Rust: Don't forget smart watches. I wanted to put this in as another universal piece of technology that lots of people are wearing smart watches. That can be used for fall detection. My mom in her sewing group she has a smart

watch and she did something with her hand and it said it looks like you have fallen and she said no I'm okay. Also the Fitbit have a fall detection built in. The Kanega watch is created for those who are at risk for falls. So there's different things out there. As well as myNotifi. What I like about this is a onetime free of the device and app. You don't have to push a button or anything. It automatically sends text to your emergency contacts. It will ask you did you fall yes or no. They also have mobility exercises built into this app. So helping people work on their mobility and flexibility and balance is built into the app. This is another form of wearable technology.

>> Rachel Wilson: Also there's so many different new technologies for monitoring medical needs. This is something we come across where someone has diminished vision or hearing. There's so many devices on the market that are easy to operate and somebody could just double check what their blood pressure is or their glucose, their blood sugar just by putting their finger in the device and it will audibly provide the information.

During the pandemic, a lot of people wound up having their medical appointments via conference calls which was cool. It took an adjustment for some people but it's also

one of those things that opened up some opportunities for people as well to be able to get their needs met. So just really cool how much advancement has been going on.

This another device I found out about called Glutrac. It's a monitor to measure your blood glucose levels. You don't have to stick with needles. So there's different sensors inside of this device. It connects with an app and it's a really cool advancement that has not exactly hit the market yet but the FDA approval and in Japan they have started selling it there but not in the United States. I think this is something we'll continue to see and it's less invasive for people.

>> Ciara Montes: So smart home technologies. These are becoming a lot more popular through all generations. Smart home is a term that refers to homes that have appliances, lighting, or electronic devices that can be controlled by a remote. The convenience and access is a lot more accessible than some of the things that exist in homes already. The independence it gives, the safety it can provide. There's a lot of things it can do for health benefits and care provider access. Just getting in and out of the home for people who can't access the door that easily.

>> Martha Rust: Home smart robotics. These can be a form of assistive technology for someone. There's mops and vacuums. Instant pots, microwaves. We're purchasing this for folks that you have referred to us. I worked with an individual who has a lot of mobility difficulties and anxiety and doesn't want someone in their home to help clean. So that's a solution we looked at. Is a smart mop and vacuum combination so their home can feel clean without having to bring someone in from the outside. I love the instant pot. I love that the newer ones work by an app. You can throw your food in there and the app works very well with people with vision loss, VoiceOver built in. So being able to throw the food in and using the app to do the cooking and putting it all together makes it so much easier. So know there's a lot of really cool smart home robots out there. They have really come down in price as well. Using a thermostat, using your voice to turn up or down the air. So I don't have to stand up and turn it up. Some of the older houses the thermostat may be a bit higher.

>> Ciara Montes: So home safety is another huge component with smart home technology. A lot of things have been developed to alert us of stuff we couldn't prevent a couple years ago. Something like flood sensors. I have a picture to it on the right. It uses an alarm to let people know when there's

a leak. It can be integrated through smart home technologies through apps. So it will alert you immediately. Some of this flood sensors can turn off the water which is really useful for someone who may not be able to get to the access point of the water main. Some areas these are useful are bathrooms, garages, attics, laundry rooms. When thinking of working with people who are aging you may not want people to climb into those areas to turn off the water. Another component is smart lights. You can turn on the light easily in the dark to avoid tripping. Sometimes it can be difficult to find lights at night. You can also keep the lights on when you're not at home. Some of the apps will let you control it even when you're not on the Wi-Fi. Also lighting can help the mood. If you have a headache or not getting enough sun light you can change the lighting in your house.

Another one is smart locks. These are huge these days because you can unlock them from your phone. You also have the option to make different codes for visitors. Say if you needed a -- a friend was coming into town and you weren't there it gives you an option for them to get into the house. You may not want a caregiver to have the main access. So it will allow them to get in and out of the house. So this is a great option for people who can't get to the door easily.

>> Martha Rust: The ring doorbell. The video

doorbell. We have purchased some for some of the folks you have referred to us. To feel safe to know who is knocking on the door and know they can speak through it to say leave the package there et cetera. So using the smart doorbells can help people feel safe and be independent with what is going on outside their door. Smart speakers, there are tons on the market now. There's some from Apple and Google. These are great for getting the weather. They can provide reminders of when to take medication. Working with someone who has high anxiety. Being able to listen to calming music. You can connect them to smart devices around the house as well. So using your voice to turn things off and on or to make phone calls. I have used smart speakers on different parts of people's home so in case they fall they can say hey Google please call my daughter. So lots of different things when it comes to smart speakers and the fact that they're becoming -- the price tag on those are lowering. If you were able to shop on prime day these smart speakers were definitely on sale. Smart TVs. The growing increasing in popular arty. In 2017 20% were smart TVs. During the pandemic, people were using their smart TVs to connect to the internet to make their screens larger. There's a picture where someone has their church service and they use their smart TV because it's larger than their iPad. The statistics for smart TVs are to increase by 119 million by 2022. So next year the smart TVs are going to be really out there. If you have

been shopping for a TV lately they have definitely decreased in the cost of them as well.

>> Rachel Wilson: We've been really working and focusing on staying connected, especially the past year and a half. Just going forward people have been exposed to so many more opportunities. I employer you to really try to continue to reach out to family friends and share this opportunity where maybe somebody who is not able to get in the community to still stay connected, to watch a show. All these different platforms and apps. The Netflix party you can watch a video or movie and share with somebody. You can chat with them live. So if you haven't had the chance to check those out do so.

So many different platforms exist. There's Zoom and Google handout and face time and all sorts of ways to stay connected. Whether it's for a social gathering or medical gathering. It's a great way to stay connected. I wanted to quickly go back around and talk about we have talked about so many different things and as we wrap up in a minute with all these different technologies we don't want abandonment factor to set in. So any of these things that you are going to introduce, try one thing at a time. Get really comfortable with it and confident with it and build on what you have started. Otherwise the abandonment factor comes in.

If you remember on one of the earlier slides was our website. On our website there's an app finder. We really

would love for you to go to our website and check this out. You'll find so many apps from all different areas and ways of life to be able to live life to the fullest. If you have any other suggestions, we're always welcoming suggestions. So check that out on our website.

>> Martha Rust: It looks like we have a question. Great segue. Cella we see your question: Does any other streaming programs offer what Netflix offers? Are you referring to the party watch? Okay, yes. Ciara and Rachel? I'm not sure. I'm not sure if Hulu does. I have only use Netflix. I use it a lot to watch shows with my nieces during the pandemic. Do you know if others offer that?

>> Rachel Wilson: I'm not sure. Ciara has been -- things will continue to evolve. Since the Netflix party was such a great idea I wouldn't be surprised they will have them in the near future. Just like the captioning and the other things. Once people realize they are a benefit to so many people.

>> Ciara Montes: It looks like Hulu does it. It's called Hulu watch party. I don't know about the Disney+. Like Rachel said, once one comes out most will too. Disney+ has group watch. So I'm assuming that all of them will slowly have options to watch. Thank you Martha for putting that into the chat. That's a great question. I know we're almost out of time, but if you have questions put them in the chat box. Amy, how do

you make a referral through the CARES act program? Send your name and e-mail address if you will be the one to put the referral in to myself or Rachel. Rachel will you type in our e-mail addresses for that? We'll send you directions. It's quick and easy. If you are the one putting in the referrals we need your name and e-mail address. Great question. Any other questions out there? We hope that this has been fun for you guys. It was fun to put this together. Of course we could keep you all day to talk about assistive technology. We want to thank you for spending an hour of your time with us today. This will all be are recorded. We'll send that link out to Yolanda and Karen as well. And we will post it on the website in a few days. Thank you so much. Rachel and Ciara thank you again. I always learn something from you all.

>> Rachel Wilson: The third training that we'll put on is on July 22nd. So please put that down on your calendars. More information will be soon. It talks about funding and opportunities around Georgia to get assistive technology for the folks that you serve. Thanks, y'all.

>> Martha Rust: Thank you. I will stop the recording now.